HISTORIC WINDOW RESTORATION WORKSHOP

MAY 15-16, 2009

FIRE STATION #11

PRESENTED BY:

City of San Antonio Office of Historic Preservation

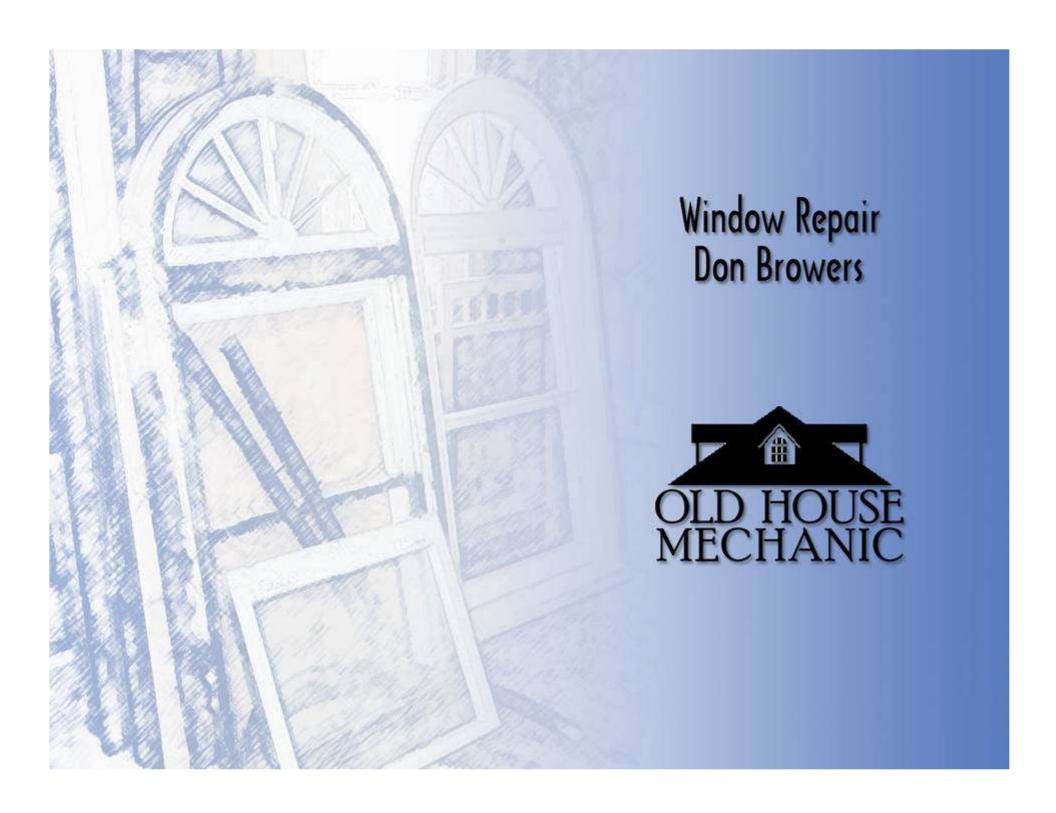
UTSA College of Architecture

Alamo Hardwoods

ARTchitectural Interiors

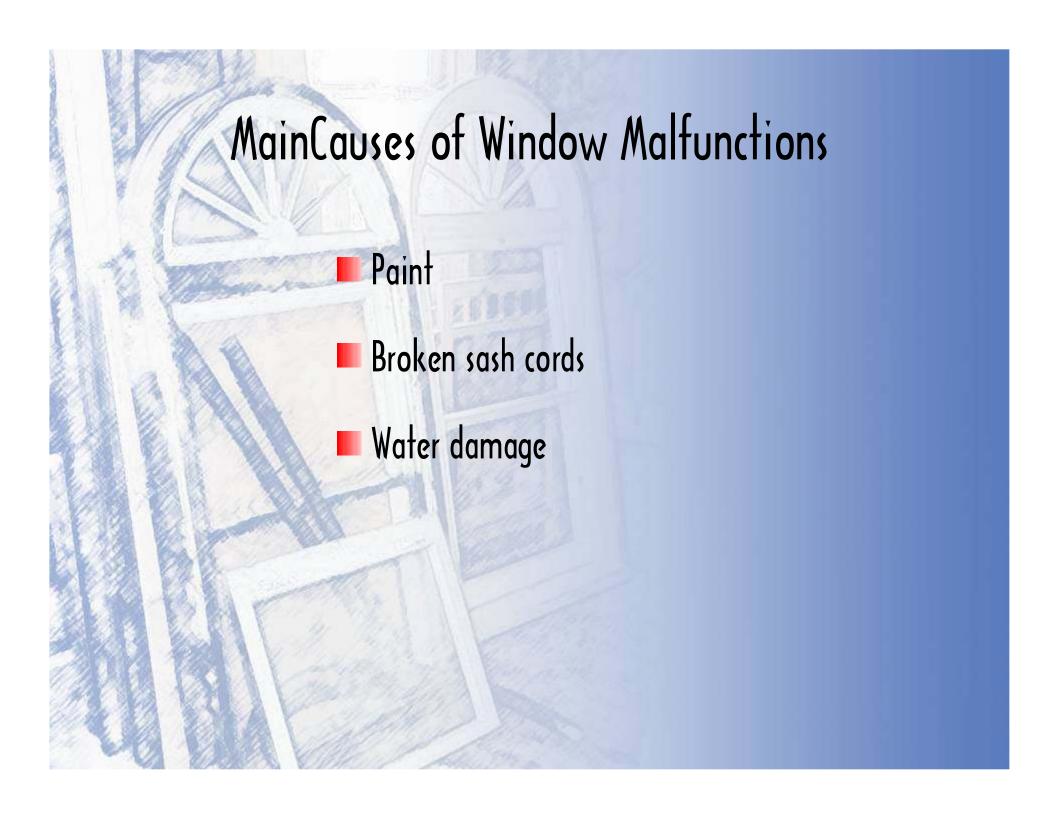
AIA Center for Architecture

San Antonio Conservation Society

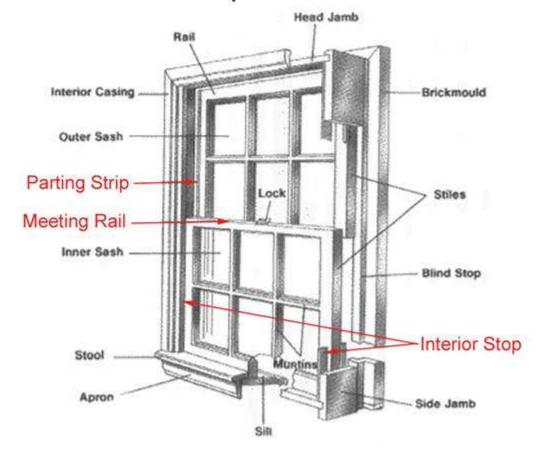




- Save tons of money
- Can do it yourself
- Reduce landfill debris
- Maintain the historic look of your old house
- Save energy



Anatomy of a Window



Here are the basic tools for window repair. Nothing exotic or expense. As you can see my tools are well worn from lots of use.

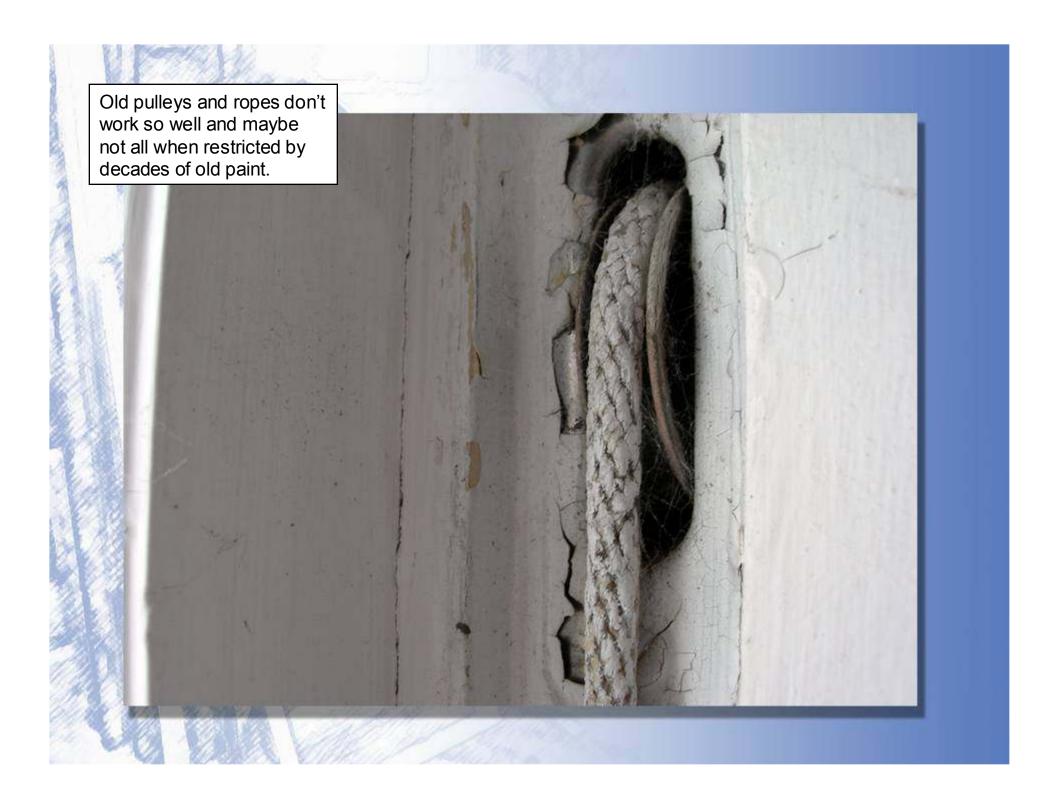
The Window Zipper is optional and can be found at most hardware stores.

Utility

Knife



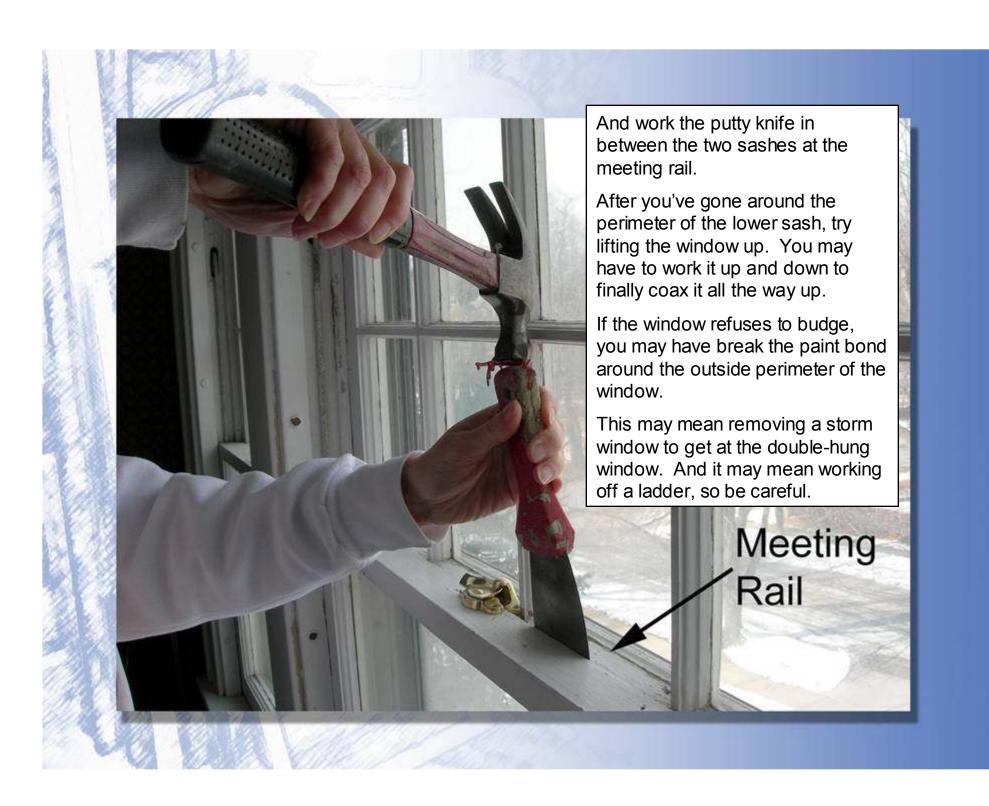


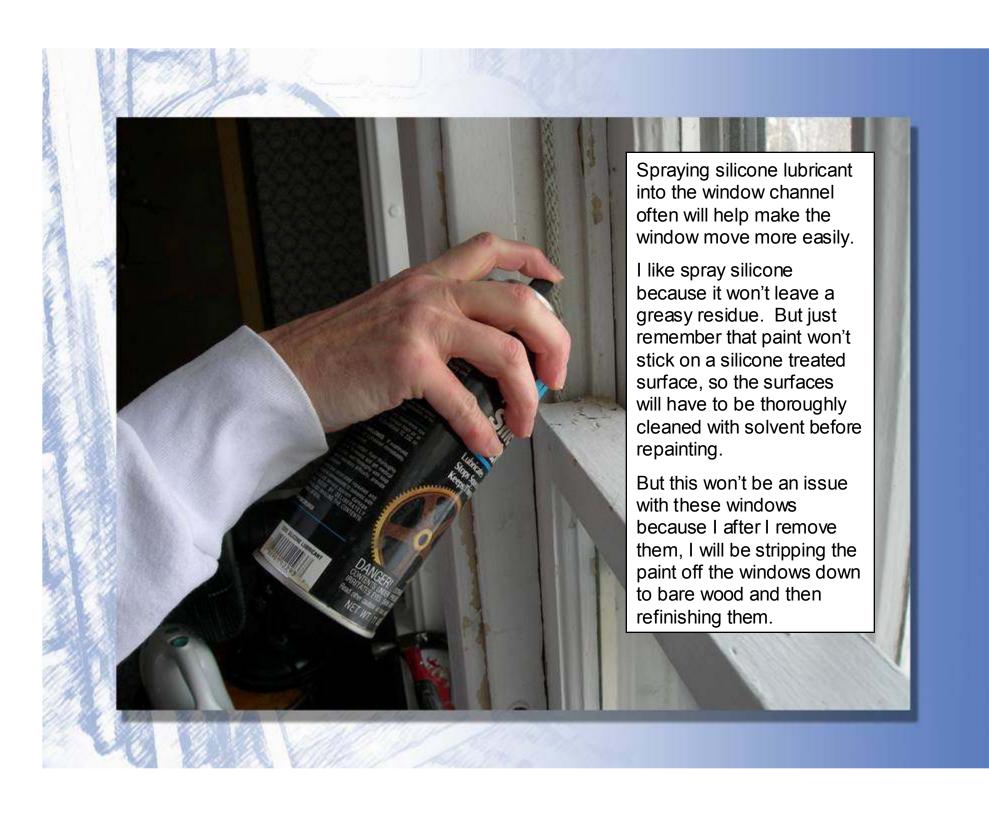


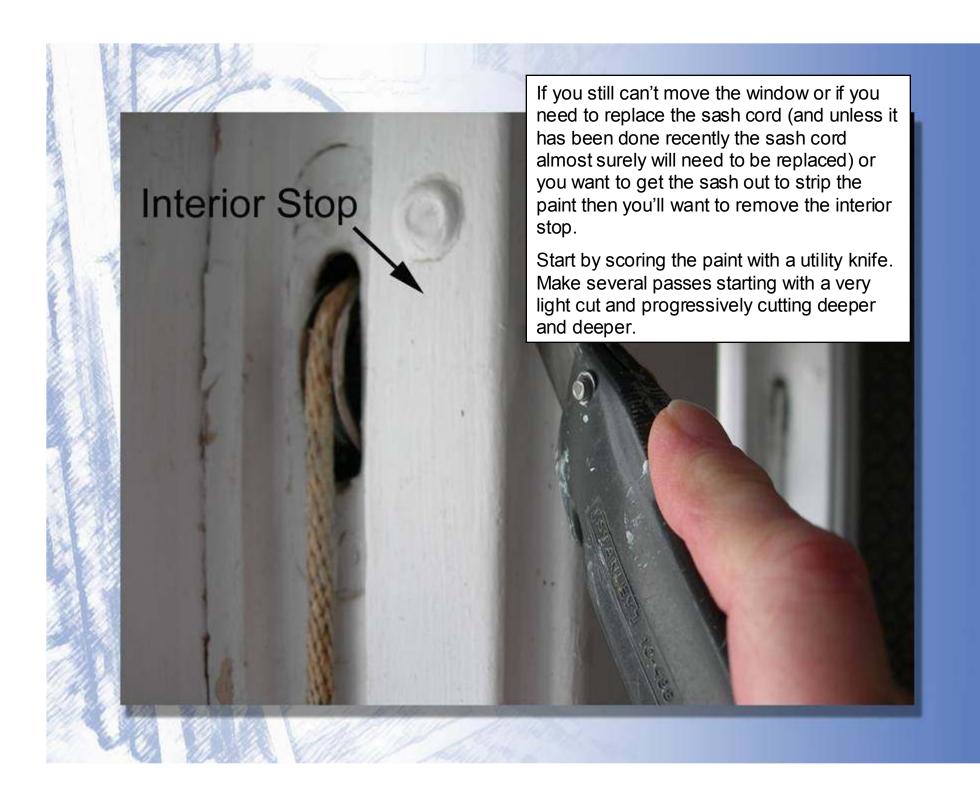


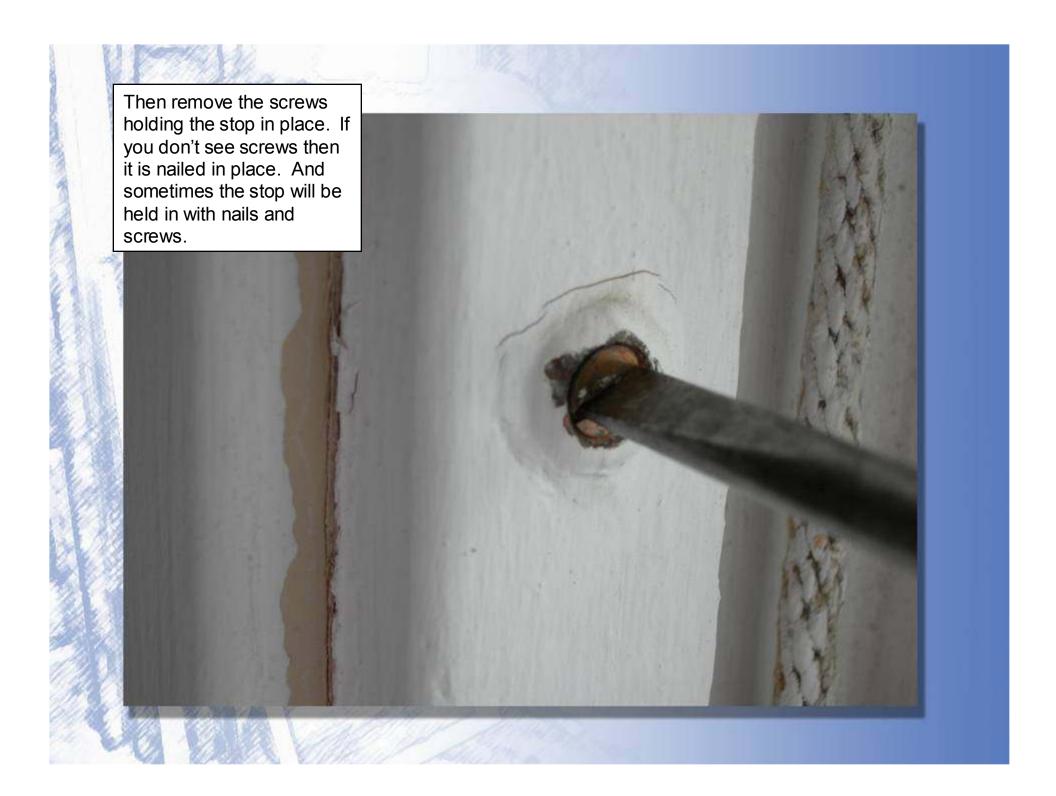


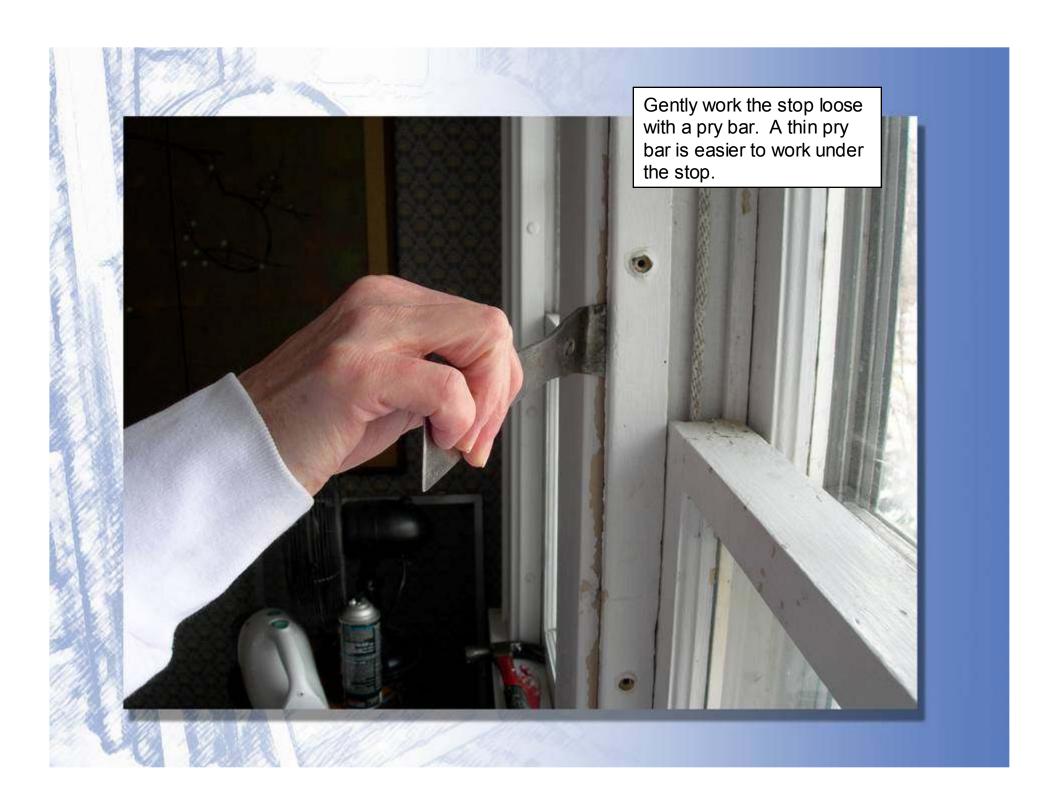




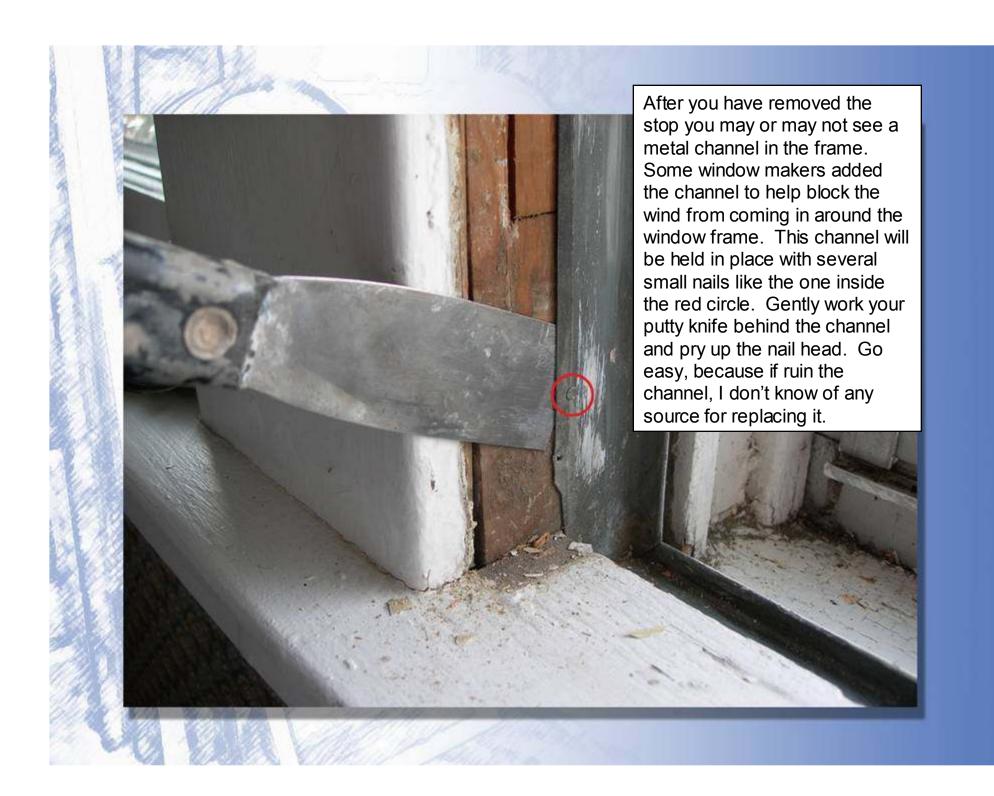


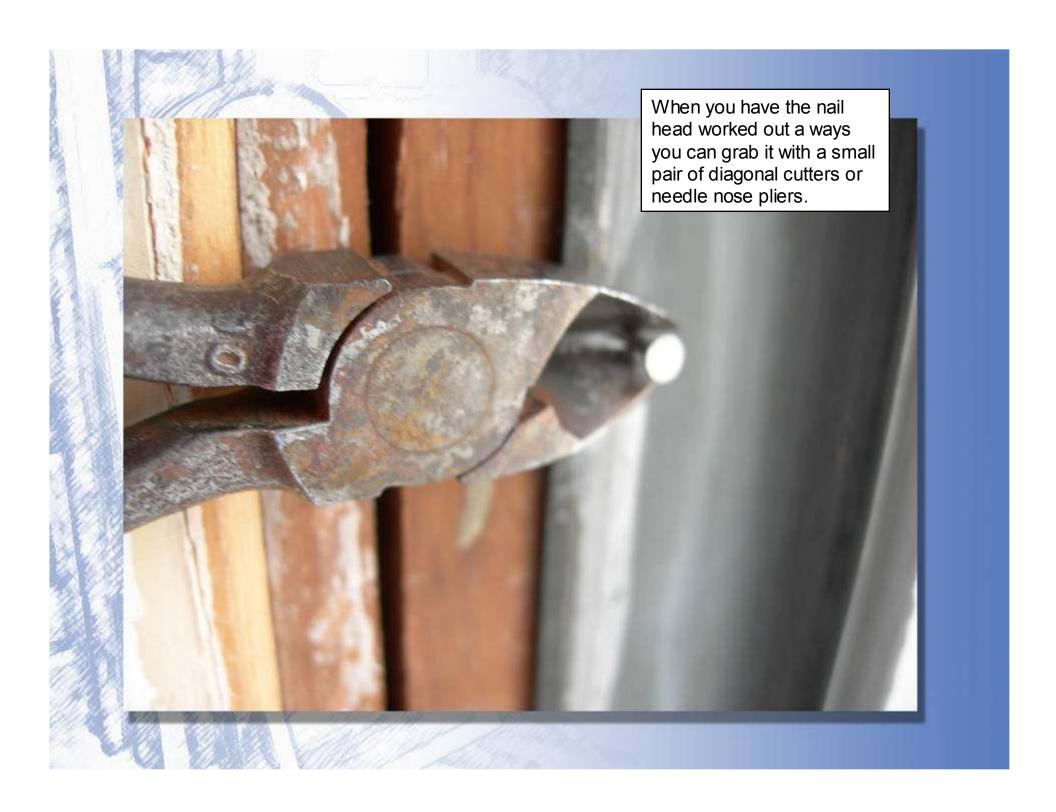


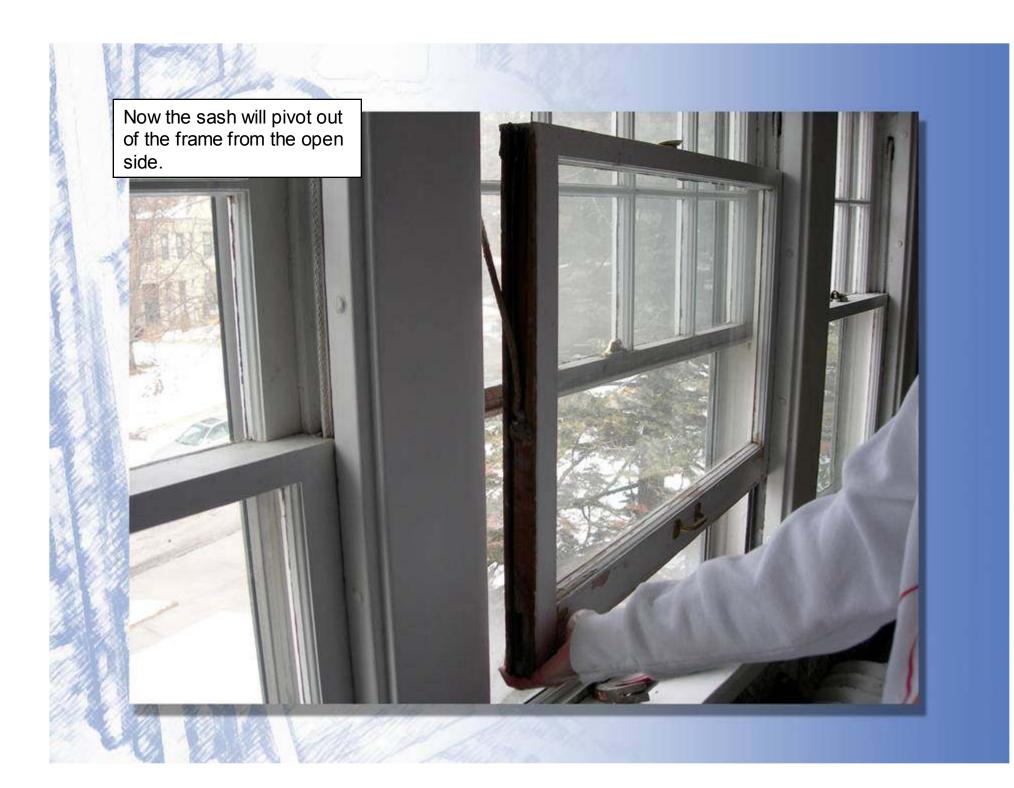




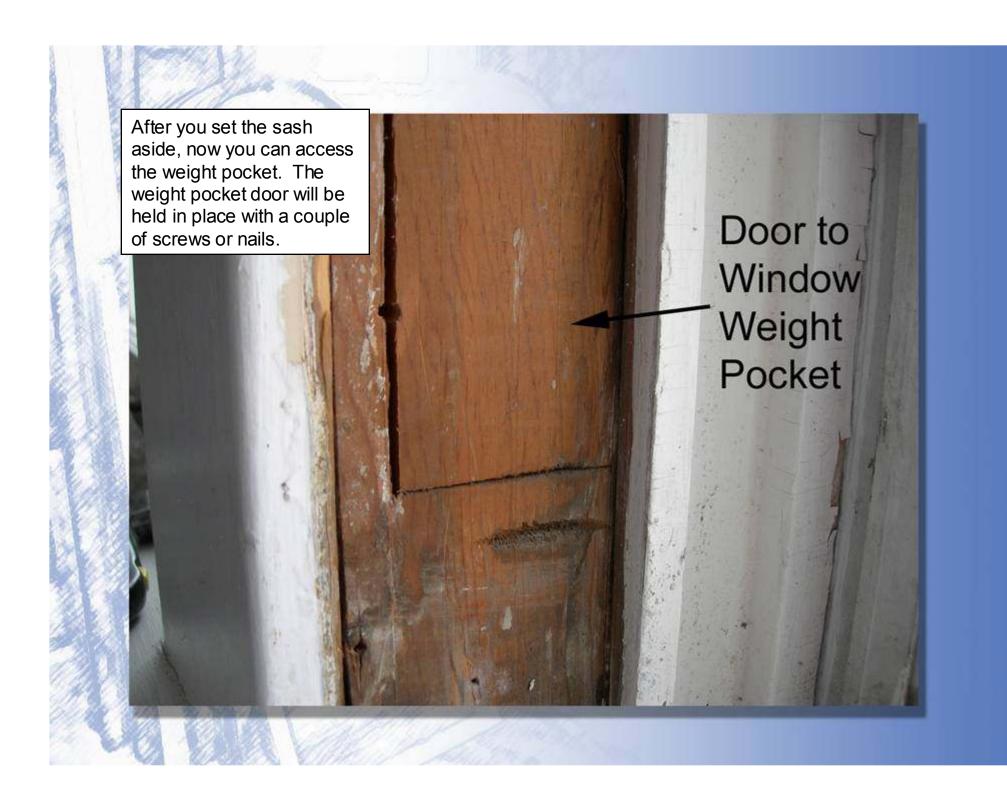




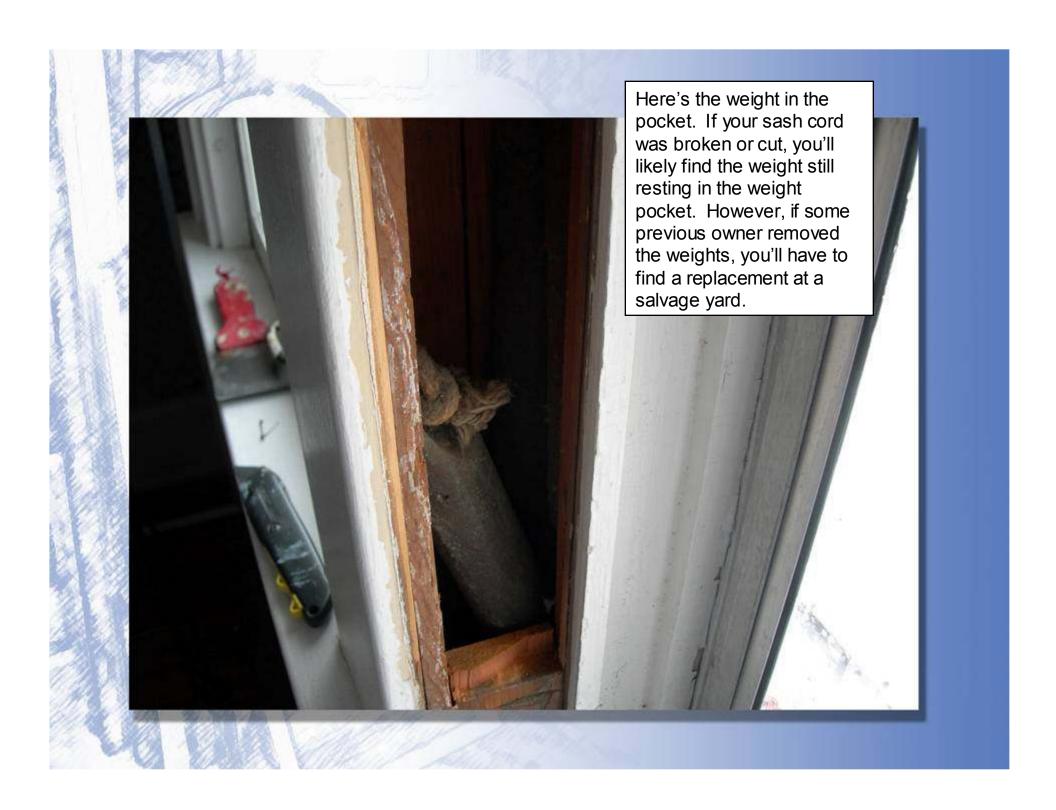








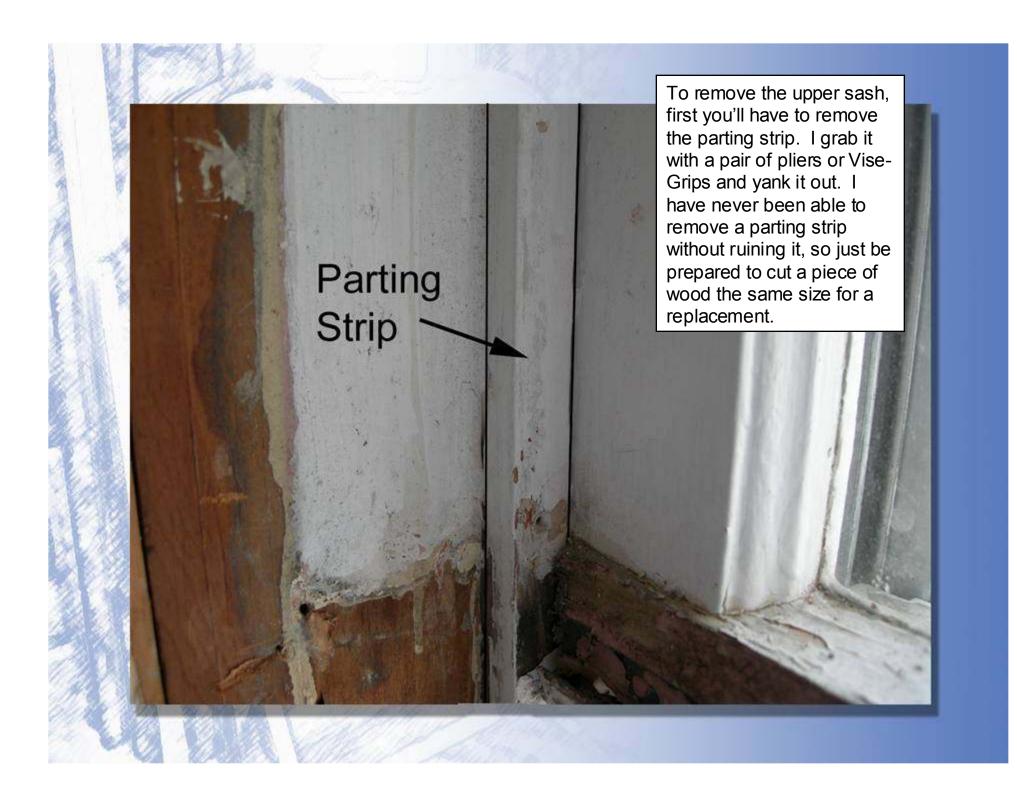


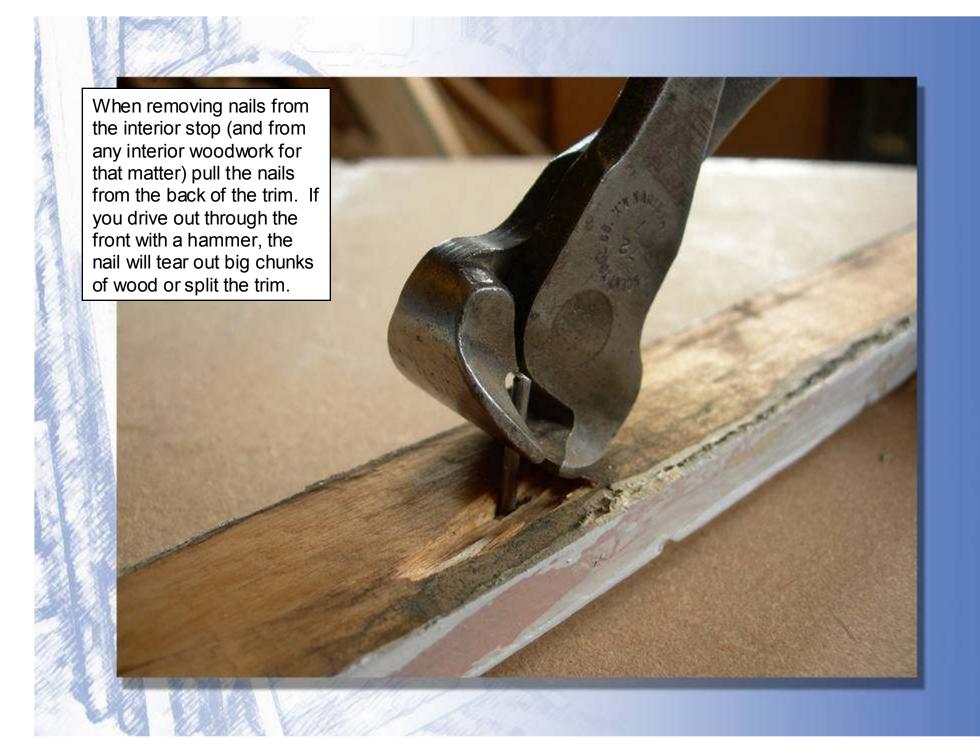


Here is the old sash cord in place. But you can thread a replacement cord following the same path—up inside the weight pocket and over the sash pulley. But before I replace the cord, I'll remove the pulley and strip off all the old paint, give it a coat of clear lacquer to prevent rust and oil the pulley. I will also strip the old paint and repaint the window channels and sashes.

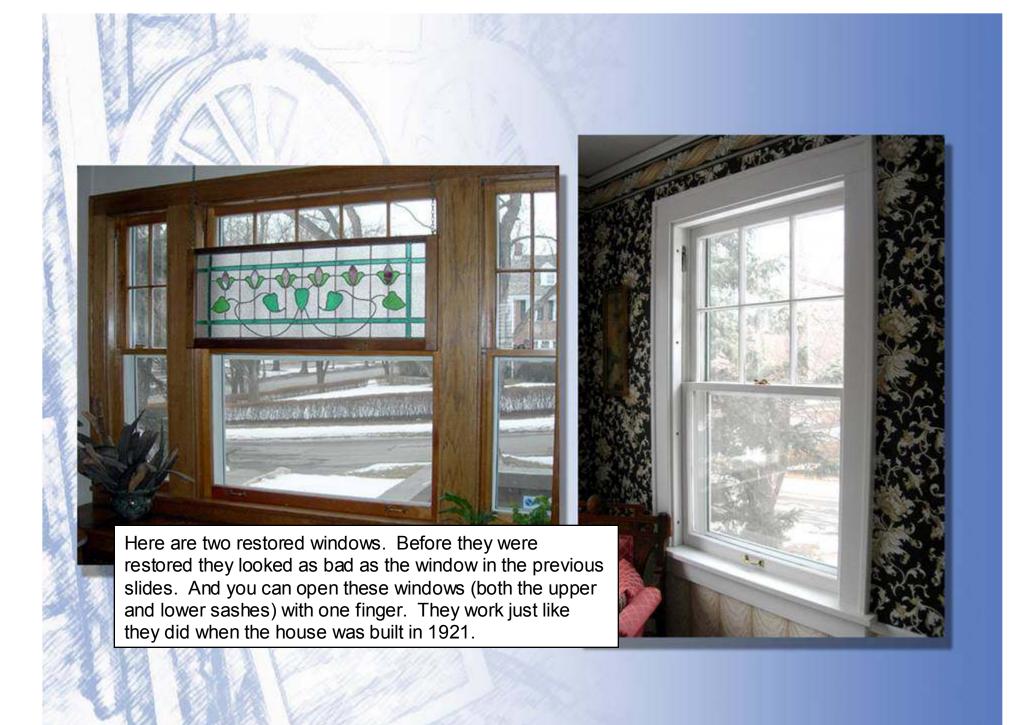
Oh and when you replace the sash cord, get cord that is specifically marked as sash cord at the hardware store. Some homeowners replace the sash cord with chain but I don't like chain because it's noisy and not authentic for old houses.













NATIONAL TRUST FOR HISTORIC **PRESERVATION**

HISTORIC WOOD WINDOWS

A tip sheet from the National Trust for Historic Preservation

National Trust for Historic Preservation

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This tip sheet on historic wood windows was developed as part of the National Trust for Historic Preservation's Sustainability Initiative.

About the Initiative:

Historic preservation can and should – be an important component of any effort to promote sustainable development. The conservation and improvement of our existing built resources, including reuse of historic and older buildings, greening the existing building stock, and reinvestment in older and historic communities, is crucial to combating climate change.

Learn more about Preservation and Sustainability on the web:

www.preservationnation.org/ issues/sustainability

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Introduction

There is an epidemic spreading across the country. In the name of energy efficiency and environmental replacement window responsibility, manufacturers are convincing people to replace their historic wood windows. The result is the rapid erosion of a building's character, the waste of a historic resource, and a potential net loss in energy conservation. Typically replacement windows are vinyl, aluminum, or a composite with wood, and none will last as long as the original window. Repairing, rather than replacing, wood windows is most likely to be the "greener option" and a more sustainable building practice.

Research shows that most traditionally designed wood-frame buildings lose more heat through the roof and un-insulated walls than through the windows. 1 A historic wood window, properly maintained and fitted with a storm window, can be just as energy efficient as a new window.2 Replacing a historic single-pane window also may not save you much money in the long run. While the exact figure will vary depending on the type of window installed and whether or not a storm window is used, studies have found that it could take 100 years or more for a replacement window to pay for itself in energy savings.3 According to information published in a recent Old House Journal article, it could take 240 years to recoup the cost of replacing a single-pane window-storm window combination with a low-e glass double-pane thermal replacement window.4 Also, a historic wood window can easily last more than 100 years, while a new window may not last 25.

Not every wood window can be repaired and there are situations where replacement is appropriate. However, many historic wood windows can and



Historic windows are among the most important elements of a building. Simple repairs and routine maintenance coupled with storm windows make for energy efficiency that in most cases matches, if not exceeds, the efficiency of replacement windows. Workshops throughout the region have taught building owners easy ways to care for their historic windows. At the Woodlawn Museum in Ellsworth, ME, a grant from the National Trust for Historic Preservation helped fund a window repair workshop.

should be repaired, especially if the windows were manufactured before about 1940. Wood windows made before this time were constructed with individual parts. each of which can be repaired or replaced. The wood itself is denser and of higher quality than what is grown today, and it is generally more rot- and warp-resistant than modern wood.

These are just some of the practical reasons to repair rather than replace historic wood windows. In addition. repairing the historic window helps maintain a building's authenticity. Once original material is removed from a building, it is gone forever. There are many more benefits to repairing your wood windows, keep reading.

^{1.} Rypkema (2006); James et al (1996); Klems (2002). 2. James et al (1996); Klems (2002). 3. Sedovic (2005); e.g. research by Keith Heberern, calculations available at www.historichomeworks.com/ hhw/education/windowshandout/windowenergyanalysis.pdf. 4. "Let the Numbers Convince You: Do the Math." Old House Journal 35 no. 5 (September/October 2007).

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Wood Window Basics

Using this 12-over-12, double-hung wood window as our example, here are the basic terms used for wood window parts. This window is called 12-over-12 because there are 12 panes of glass in each sash. Both sashes are moveable so it is called double-hung. If only the bottom sash moves, it is called single-hung.

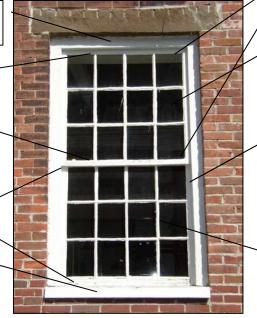
Jamb (the wood that frames the window opening)

Rail (horizontal part of sash)

Meeting Rail or **Check Rail** (the rail where the two sash come together)

Bottom Sash (lower section of window, typically slides up to open)

Sill (exterior, horizontal piece at the bottom of the window frame, commonly wood, stone, or brick) Stool (interior shelf-like board at the bottom of a window against which the bottom rail of the sash rests)



A c. 1846 wood window in the former Robbins and Lawrence Armory, now the American Precision Museum in Windsor, VT.

Top Sash (upper section of window, may slide down to open)

Light/lite/pane (glass, held in place by glazing putty and metal glazing points)

Stile (vertical part of sash)

Muntin (horizontal, vertical, diagonal, or curved pieces that frame and provide mounting surface for the lights) The shape, or profile, of the muntin provides a clue to the window's age.¹

1. Garvin (2002).

My Windows Are Old and Drafty, Why Shouldn't I Buy New Ones?

- More heat is typically lost though your roof and un-insulated walls than through your windows.
 Adding just 3 and 1/2 inches of insulation in your attic can save more energy than replacing your windows.¹
- 2. Replacement windows are called "replacement" for a reason. Manufacturers often offer lifetime warrantees for their windows. What they don't make clear is that 30% of the time, a replacement window will be replaced within 10 years.¹
- Replacement windows that contain vinyl or PVC are toxic to produce and create toxic by-products. Installing these in your house is not a 'green' approach.²
- 4. If your wood windows are 60 years old or older, chances are that the wood they are made of is old growth—dense and durable wood that is now scarce. Even high-quality new wood windows, except for mahogany, won't last as long as historic wood windows.
- 5. Studies have demonstrated that a historic wood window, properly maintained, weatherstripped and with a storm window, can be just as energy efficient as a new window.²

- 6. According to studies, it can take 240 years to recoup enough money in energy savings to pay back the cost of installing replacement windows.³
- 7. Each year, Americans demolish 200,000 buildings. That is 124 million tons of debris, or enough waste to construct a wall 30 feet high and 30 feet thick around the entire U.S. coastline.⁴ Every window that goes into the dump is adding to this problem.
- With a little bit of practice, it can be easy—and inexpensive—to repair and maintain your wood windows.⁵
- Not a DIY-er? There are people near you who can do it for you. Hiring a skilled tradesperson to repair your windows fuels the local economy and provides jobs.¹
- 10. Historic wood windows are an important part of what gives your older building its character.

^{1.} Rypkema (2006). 2. Sedovic (2005). 3. e.g. Calculations by Keith Heberern available at www.historichomeworks.com/hhw/education/windowshandout/windowenergyanalysis.pdf. 4. Hadley (2006). 5. e.g. www.historichomeworks.com

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Basic Maintenance

here are many good, practical books and magazine articles to guide a handy person in the basic maintenance of wood windows. Several publications are listed in the references section of this tip sheet. To get you started, here are some of the keys to many years—and generations—of life with older wood windows.

- Keep the exterior surfaces painted, including the glazing putty. Paint protects the wood and putty from water and extends their service life. Be especially attentive to horizontal surfaces where water may collect.
- Glazing putty will eventually dry out and is meant to be periodically replaced. You can do spot repairs initially, but eventually it will be easier to re-glaze the whole sash.
- Keep movable surfaces, such as the inside jamb, free of paint build-up so that the sash can slide freely.
- 4. If your sashes are hung with cord, keep the rope free of paint. This will improve the window's operability. Cord will eventually dry out and break but can be replaced. When replacing the cord you can also re-hang the weights so that the sash will be balanced.

Winter Tips

ost of the heat transfer occurs around the perimeter of the sash rather than through the glass. So the tighter the seal around the window and between the upper and lower sash, the more energy efficient the window will be. Here are some tips to help you save on your heating bills.

 Check the lock. Most people think the sash lock is primarily for security. It does help with security, but the lock's most important job is to ensure that the meeting rails are held tightly together. A tight fit greatly reduces air infiltration.

- Weather stripping—add it or renew it. Adding weather stripping to your window can increase the window's efficiency by as much as 50%. It's an inexpensive way to boost your window's efficiency. There are many different kinds from which to choose. Refer to the articles listed at the end of this tip sheet. The staff at your local hardware store should also be able to assist you.
- Storm windows—use them! There are many styles from which to choose, including storms that can be fitted on the interior of the window. Many studies have shown that a wood window in good condition fitted with a storm window can be just as energy efficient as the more expensive replacement window. Due to the thermal exchange properties of wood, there is also a growing interest in traditional woodframed storm windows as they transfer less heat than metalframed storms.
 - Condensation. If you find condensation on the inside of your primary window, cold air leaking through the storm window is likely the culprit. If the condensation is forming on the inside surface of the storm window, warm air from the building interior is leaking in around the primary window. When warm and cold air are present on opposite sides of glass, condensation forms (think of a cold glass of lemonade on a hot day). When condensation forms on your window glass, water can collect on the horizontal wood parts of the rails, muntins, and sill, which can lead to paint failure and rot. To reduce condensation, you need to limit the amount of leaking air. Add or replace weather stripping, make sure the sash are meeting properly and that the sash lock is tight, and check the seal around the exterior of the storm window and caulk if necessary. When

caulking around the perimeter of exterior storms it is important to leave weep holes at the bottom so that any condensation or infiltration that does occur can drain out.

What About Lead?

f your windows retain paint that was applied prior to 1978, chances are there is lead paint on them. Just because there may be lead paint on the windows does not mean they are unsafe or that they need to be replaced. There are steps you can take to protect yourself and others if you suspect lead paint may be present. Before beginning work, consult your local or state ordinance to determine the legal method for handling and disposing of lead paint in your area.

- Children and pregnant women should not be allowed in the work area.
- Do not smoke or eat or drink in the area you are working in and wash your hands and face before doing so.
- Wear disposable gloves and eye protection.
- Use a respirator if there is friable paint, or if you are scraping or sanding paint.
- Use a wet sanding technique to minimize dust.
- Vacuum using a HEPA filter.
- Wash your work clothes separately from your household laundry. You can also wear a tyvek suit to protect your clothes. Take it, and your shoes, off before you leave your work area.
- Place tarps under your work surface to collect loose paint. Seal off the work space from other rooms and from HVAC systems. Cover any furniture and other items in the work area with 6 mil plastic taped to the floor.
- Eating a nutritious diet rich in iron and calcium will reduce the amount of lead absorbed by your body if any does happen to be ingested.

(Continued on page 4)

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Lead continued

- For more tips on how to work lead-safe, see "Lead Paint Safety: A Field Guide for Painting, Home Maintenance, and Renovation Work" available at www.hud.gov/offices/lead/training/LBPguide.pdf and the National Park Service Brief #37, "Appropriate Methods for Reducing Lead-Paint Hazards in Historic Housing" at www.nps.gov/history/hps/TPS/briefs/brief37.htm.
- John Leeke's website <u>www.historichomeworks.com</u> also has practical tips on lead-safer work practices.

References

This list is a place to start—it is not intended to be comprehensive, nor does the inclusion of a business or organization serve as an endorsement.

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New England Window Restoration Alliance www.windowrestorationne.org

Additional Resources

his Tip Sheet on historic wood windows is part of our continuing effort to provide information to help you make environmentally responsible and informed decisions about the preservation of historic buildings.

With nearly half of greenhouse gas emissions attributed to the construction and operation of buildings, older and historic buildings are central to our efforts to address climate change. The National Trust for Historic Preservation's Sustainability Initiative promotes the reuse of existing buildings, reinvestment in existing communities, and green retrofit of older and historic buildings to help lower carbon emissions. For more information visit www.preservationnation.org/issues/sustainability/.

Additional help may be available from your State Historic Preservation Office (SHPO). Find your SHPO at www.ncshpo.org/. Private statewide and local preservation groups serve as the network centers and representatives of local preservation activities within their states. Many of them have materials to assist your project. The nine Regional and Field Offices of the National Trust for Historic Preservation (NTHP) represent NTHP programs and services by providing assistance to preservationists within their regions. Find your nearest NTHP Regional Office and state and local preservation organizations www.preservationnation.org/about-us/ partners/statewide-local-partners/ contacts.html

Window Know-How: A Guide to Going Green

To live green at home, and reduce your monthly energy bills, it's important to evaluate windows. If you live in an older residence, don't assume that replacement windows are the only option. Historic wooden windows are remarkably efficient as long as they're well maintained. (And there's nothing greener than preserving what you already have.) Conversely, manufacturing and installing replacement windows consumes enormous amounts of energy. Keep these tips in mind as you consider your options:

Older is Better: Old windows were fabricated from old wood. It's generally denser and lasts longer than the new wood used for modern windows.

Caveat Emptor: Some salespeople promote replacements as cure-alls, but even the highest-quality replacement units can fail. In addition, experts note that new vinyl or PVC replacement windows can release toxic byproducts into the atmosphere.

Watch Your Pennies: Tearing out existing windows to install replacements is expensive and wasteful. Although you may achieve some energy savings, it will take decades (or centuries) to recoup your investment. Plus, you'll have to dispose of the old windows, adding to the nation's waste management woes.

Maintenance is Key: A well-sealed, tight-fitting window saves energy.

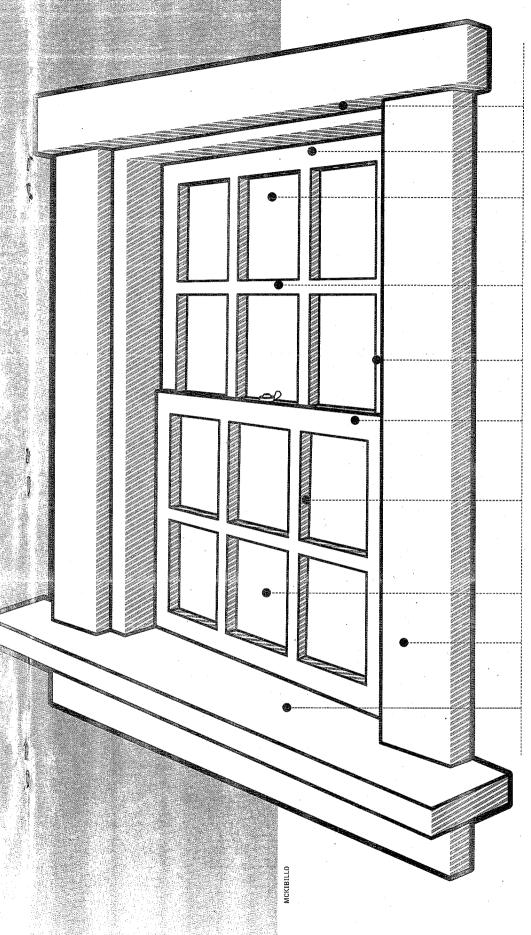
Check for Condensation: It can rot window sills and rails.

Use Storm Windows: They increase energy efficiency. Monitor them for clues about your house. Cold air leaking in through a storm window can create condensation on your window panes. Warm air escaping from your house can cause a storm to fog up.

Insulate: More heat is typically lost through the roof and walls than through windows. Adding just 31/2 inches of insulation to your attic can save more energy than new windows.

Install Window Treatments: Something as simple as a conventional window shade mounted inside the frame and touching the sill, with no more than a 1/4-inch gap at the sides, can reduce heat loss by as much as 27 percent. A shade with a reflective coating will provide even more protection.

- 1. Keep all exterior surfaces painted A coat of paint protects wood. Pay particular attention to horizontal surfaces, such as window sills, where water collects.
- 2. Replace glazing compound (the putty that holds panes in place) when it dries out. Missing or cracked compound results in air infiltration. Always paint glazing after it has cured.
- 3. Maintain window locks Functioning locks hold rails tightly in place. A tight fit reduces air exchange.
- 4. Keep movable surfaces free of paint buildup so that sashes slide freely.
- 5. Replace any cracked or broken panes promptly.
- 6. Add or renew weather stripping where it makes sense. When correctly installed, weather stripping can increase a window's efficiency by as much as 50 percent.
- 7. Watch for water Whenever you use storm windows, remember to clear the weep holes at the base to allow condensation to drain away
- 8. Check seals around exterior storms and caulk well.
- 9. Test for air leaks On a windy day, hold a lighted birthday candle or incense stick near the window frame to detect drafts.
- 10. Think about safety Evaluate emergency exit routes before sealing windows with caulk or adding storms.



Sum of Its Parts

Jamb Vertical or horizontal member that frames the window openina

Rail Horizontal part of sash

Pane or Light Glass held in place by glazing putty and metal glazing points

Top Sash Upper section of window, may slide down to open

Stile Vertical part of sash

Meeting Rail One of the two horizontal members of a doublehung sash which come together

Muntin Strip that separates the panes of a window. The shape, or profile, of a muntin provides a clue to the window's age.

Bottom Sash Lower section of window, typically slides up to open

Casing The finished, often decorative, framework around a window

Stool Interior shelf-like board at the bottom of a window against which the bottom rail of the sash

Sources: Forum Journal, 20, no. 2 (2006), National Trust for Historic Preservation; Historic Home Works, historichomeworks.com. calculations by Keith Heberem: Cornell

SAVING WOOD WINDOWS

DEPARTMENT OF ENVIRONMENTAL PROTECTION · NATURAL & HISTORIC RESOURCES · HISTORIC PRESERVATION OFFICE

Windows are one of the few building elements which visually and operationally impact both the interior and the exterior of a building. On the interior, they are distinctive features, framing light and views, and providing ventilation. On the exterior, they reflect the style and design intent of the building, being also perceived in relationship to the streetscape.

Most property owners do not notice their windows until they perceive a problem. When a problem is noticed, they may get their information on solutions from contractors or window manufacturers who are not always aware of all the options for saving existing windows, and may be encouraging the purchase of replacement windows. This brief is intended as an overview of approaches for repairing existing windows.

Evaluating Existing Windows

The replacement of windows is usually driven by the perception of deterioration and heat loss. Before deciding that the costly wholesale replacement of existing windows is necessary, the actual condition of each individual window should be evaluated. In many cases, selective repair or replacement of parts of a window or select windows, and implementing a routine maintenance program is all that is required to retain existing windows. The condition of the following items should be evaluated:

- Paint Peeling or cracked paint can allow water penetration and deterioration of wood elements. This is particularly true at horizontal elements such as wood sills.
- Glazing and glazing putty Cracked glass and gaps between the glazing putty and the glass can allow air and water to enter the window and deteriorate the wood sash.
- Gaps Gaps between components of sash and frame and around frame allow air and water infiltration, resulting in drafts and wood deterioration.
- Base of operation Windows should be easily operable. Verify that sashes are not painted shut, disconnected from sash weights, or wracked [twisted] in their frame.

• Hardware - All hardware should be present, well-attached, and operational. This includes locks, pulleys, sash cords and chains, etc.

Many necessary repairs can be performed in place by a property owner or a skilled carpenter. For more substantial deterioration, a carpenter with demonstrated expertise in window repair may be needed.

Energy Performance and Weatherization

A common and often exaggerated reason for replacement windows is that new windows will significantly reduce heating costs. Studies have indicated that in most cases approximately 20% of the heating loss of a building is through windows. The remaining 80% is through roofs, walls, floors and chimneys, with roofs being the greatest culprit. Following this model, reducing the heat loss though windows by 50% will only result in a 10% decrease in the overall heat loss in the building. Given the significant expense associated with replacement windows, it may not be the best way to spend energy dollars.

Weatherization of existing windows is an economical alternative to replacement windows and can result in a substantial reduction of energy loss by drafts. Weatherization can have the added benefits of reducing the transmission of noise and dust from the exterior. It is also an option which only minimally impacts the visual aesthetic of the window.

Typically, weatherization for existing windows consists of weather stripping and secondary glazing, or storm windows. The two types of weather stripping are joint fillers, such as sealant and glazing putty, and those which create a snug fit between operable components. Sealants and putty are used at non-moving parts, such as around frames and to hold glazing in place. Snug joint materials, such as metal "Z" or "V" strips, silicone rubber tools, brushes, felt, etc., are used between moving parts to allow for continued operation.

Quality weather stripping materials and installation can last twenty years before replacement is required. Most installations of snug joint materials will require removal of the window sash and may necessitate the expertise of an experienced carpenter to rout joints for proper installation.

Secondary glazing, or storm windows, can also increase the thermal efficiency of windows. Added benefits are that they tend to be removable, allowing for operation and maintenance of the existing window. When purchasing storm sashes, it is important that any divisions in the glass align with the divisions in the existing window to minimize their visual intrusion.

An alternative to exterior triple-track storm windows that is gaining popularity is interior storm installation. Interior storm sash have the following advantages:

- Reducing air leakage through the sash and rough window opening
- Less visually intrusive than exterior installations

In cold climates, such as New Jersey, interior storm windows can cause moisture to condense on the inside surface of the outside sash in the winter, increasing the potential for moisture damage to the historic sash.

Materials and Durability

Most traditional wood windows were manufactured from durable, close, straight grain wood of a quality which can not be commonly found in today's market. In many cases, these windows have been in service for over a hundred years, with much of their deterioration resulting directly from a lack of maintenance. With repairs and regular maintenance, the life of these windows can potentially be extended for an additional fifty or one hundred years.

Replacement windows and their components tend to have a significantly shorter life span. Durability in new wood windows has decreased as new growth timber and soft wood replace hardwoods in construction. Vinyl and PVC materials, commonly used in residential replacement, break down and discolor in ultraviolet light [UV or sunlight], and have a life expectancy of approximately twenty-five years. The finish on aluminum windows and the resulting effects on the window system continues to be tested to determine durability.

In addition to the frame and sash, many other components of replacement windows deteriorate relatively quickly. The seal around double glazing, incorporated into new and existing sash, can fail within ten years and in condensation between the panes of glass, necessitating replacement. Many of the plastic and neoprene seals which hold the glass in place in vinyl and aluminum windows also degrade in ultraviolet light and can have a life expectancy of ten years or less. The quality of the fabrication and installation can also play an important role. Twisted and crooked frames can increase stress on windows and difficulty in operation. Open joints allow air and water infiltration, resulting in drafts and deterioration. If replacement of windows is deemed necessary, quality wood replacement windows are strongly recommended.

Maintaining & Repairing Replacement Windows

An attractive feature of older wood windows is the relative ease with which they can be maintained and repaired. Typically, an ambitious property owner or experienced carpenter can easily repair a wood window, in part because the technology is familiar and has not changed for over a hundred years. This is usually not the case with aluminum and vinyl replacement windows.

One of the big selling points of vinyl and aluminum replacement windows is the promised reduction in maintenance. Many perceive that to mean that the windows do not require any attention. With the limitations on the life expectancy of many of the materials and components which make up these windows, this eventually may not be true.

Failure of a seal or joint can allow water into the windows frame and wall cavity. Even if the frame itself is impervious to moisture damage, the water can easily find its way into the wall cavity and damage structural or finish elements.

Typically, the components of aluminum and vinyl replacement windows vary by manufacturer. Additionally, manufacturers modify their detailing, product line, or even may go out of business by the time a property owner requires "spare parts" for repairs. This may necessitate costly custom fabrication of select elements or replacement of the entire sash and frame.

Replacement of double glazing has similar problems. If one layer cracks, replacement of both layers of the entire sash is typically required. This is far more substantial and costly than replacing a single pane in a traditional installation. This is further complicated when the double glazing has an internal muntin or grid pattern. The new muntin grid for the replacement glass must match the original exactly or it will not align with applied grids at the interior and exterior, or adjacent window patterns.

Visual Impacts of Replacement Windows

Because of differences in their material and construction characteristics, wood, vinyl, and aluminum windows do not look the same and are not constructed in the same manner. Wood windows tend to have articulated mouldings and narrow muntin or grid profiles. Vinyl and aluminum windows, however, tend to have flat or square profiles with wider muntins and meeting rails. While "divided lights" in a multi-pane window are possible, muntins for vinyl and aluminum replacement windows often are "snap-in," creating a very shallow or "flat" appearance.

If the degree of deterioration necessitates the replacement of windows, wood replacement windows are recommended. It is extraordinarily important that every effort be made to match the style, muntin grids, size, and profiles of elements whenever possible. Altering these features can be dramatic change in a building's overall historic character.

Conclusion

Historic wood windows are character-defining features and integral to the historic fabric of a building. As such, they should be retained and maintained whenever possible. If retention of historic windows is not feasible, features of replacement windows should match historic windows to the greatest extent possible.

When considering replacement windows, the initial costs of the installation should be reviewed in association with quality and life expectancy. In replacements driven by attempts to reduce maintenance and energy costs, the long-term expense associated with more frequent replacement should also be considered.

Please Note

Repair of historic windows is the recommended treatment for historic properties receiving federal or state funding. Applicants for the federal historic rehabilitation credit must treat windows in accordance with The Secretary of the Interior's Standards for the Treatment for Historic Properties. Please telephone the Historic Preservation Office at (609) 292-2023 for further assistance.

Suggested Reading

The Secretary of the Interior's Standards for the Treatment for Historic Properties. Washington, DC:
U.S. Department of the Interior, National Park
Service, Preservation Assistance Division, 1995.

For general information, the following FYI documents are available from the Historic Preservation Office:

Repairing Wood Windows Retrofitting Historic Windows Store fronts Insulation

For more technical information, the following Preservation Briefs, published by Technical Preservation Services, U.S. Department of the Interior, are also available from the Historic Preservation Office:

Smith, Baird M., AIA, "Preservation Brief 3: Conserving Energy in Historic Buildings," 1978.

Myers, John H, "Preservation Brief 9: The Repair of Historic Wood Windows," 1981.

Jandl, H. Ward, "Preservation Brief 11: Rehabilitation of Historic Storefronts, 1981.

Hensley, Tom, "Preservation Brief 12: The Preservation of Historic Pigmented Structural Glass," 1981.

Park, Sharon C., AIA, "Preservation Brief 13: The Repair and Thermal Upgrading of Historic Steel Windows," 1991.

Vogel, Neal A. and Achilles, Rolf, "Preservation Brief 33: The Preservation and Repair of Historic Stained and Leaded Glass," 1993. Also available at the cost of \$50 is a comprehensive and highly technical publication, over 600 pages in length:

Window Rehabilitation Guide for Historic Buildings, 1997.

All technical information regarding the life expectancy of materials presented in this brief is more fully described in the *Window Rehabilitation Guide*. For inquiries regarding this publication, please contact:

Historic Preservation Education Foundation P.O. Box 77160 Washington, DC 20013-7160

Dominique M. Hawkins, RA filled a temporary position as a Senior Historic Preservation Specialist in the Historic Preservation Office from 1996-1997.







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Department of Environmental Protection
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www.nj.gov/dep/hpo

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What Replacement Windows Can't Replace: The Real Cost of Removing Historic Windows

WALTER SEDOVIC and JILL H. GOTTHELF

Sustainability looks even better through a restored window.

	EMBODIED	
MATERIALS	MJ/kg	MJ/m3
Aggregate	0.10	150
Straw bale	0.24	31
Soil-cement	0.42	819
Stone (local)	0.79	2030
Concrete block	0.94	2350
Concrete (30 Mpa)	1.3	3180
Concrete precast	2.0	2780
Lumber	2,5	1380
Brick	2.5	5170
Cellulose insulation	3.3	112
Gypsum wallboard	6.1	5890
Particle board	8.0	4400
Aluminum (recycled)	8.1	21870
Steel (recycled)	8.9	37210
Shingles (asphalt)	9.0	4930
Plywood	10.4	5720
Mineral wool insulation	14.6	139
Glass	15.9	37550
Fiberglass insulation	30.3	970
Steel	32.0	251200
Zinc	51.0	371280
Brass	62.0	519560
PVC	70.0	93620
Copper	70.6	631164
Paint	93.3	117500
Linoleum	116.0	150930
Polystyrene Insulation	117.0	3770
Carpet (synthetic)	148.0	84900
Aluminum (recycled)	227.0	515700

Fig. 1. Comparative values of the embodiedenergy levels of common building materials. Note that glass and aluminum (i.e., principal components of many replacement windows) are ranked among the highest levels of embodied energy, while most historic materials tend to possess much lower levels. Courtesy of Ted Kesik, Canadian Architect's Architectural Science Forum, Perspectives on Sustainability.

For all the brilliance reflected in efforts to preserve historic buildings in the U.S., the issue of replacing windows rather than restoring them remains singularly unresolved. Proponents on both sides of the issue may easily become frustrated by a dearth of useful data, as well as conflicting information, or misinformation, promulgated by manufacturers. Indeed, it often seems that many preservation practitioners and building owners remain in the sway of advertising claiming that the first order of business is to replace old windows. In the context of preservation and sustainability, however, it is well worth reconsidering this approach.

Sustainability and Authenticity

In considering alternatives to replacing historic windows, one needs to keep in mind two important elements: sustainability and authenticity. Sustainability (building green) and historic preservation are a natural marriage, so long as one remains mindful that sustainability is not just about energy conservation.¹ Preservation and sustainability involve myriad elements that can work in symbiotic and synchronized ways toward a favorable outcome. For example, preservation work is more labor- than material-intensive, which benefits local economies; natural ventilation afforded via operable windows can reduce the size of mechanical equipment, especially of air-conditioning; and salvaging historic materials, such as wood sash, obviates the need to harvest live trees and other natural resources for the manufacture of replacement units.

Similarly, retaining and celebrating authenticity is one key element of an exemplary preservation program. No one should take lightly the option of discarding authentic historic materials —

in this case, windows — without fully evaluating the consequences. Once authentic material is lost, it is lost forever. It does not matter how accurate the replacement window, it never reflects the nuances of the original.

Taking the Long View

Historic windows possess aesthetic and material attributes that simply cannot be replaced by modern replacement windows. Like preserving whole buildings, restoring historic windows is a solid step forward into the realm of sustainability. The present approach to sustainability, however, still too often focuses on new construction and issues such as "intelligent" windows and energy efficiency, while overlooking other important, holistic benefits of preserving historic windows, such as the following:

- Conservation of embodied energy (i.e., the sum total of the energy required to extract raw materials, manufacture, transport, and install building products). Preserving historic windows not only conserves their embodied energy, it also eliminates the need to spend energy on replacement windows. Aluminum and vinyl the materials used in many replacement windows and new glass itself possess levels of embodied energy that are among the highest of most building materials (Fig. 1).²
- Reduction of environmental costs.
 Reusing historic windows reduces environmental costs by eliminating the need for removal and disposal of existing units, as well as manufacture and transportation of new units.
 Also, many replacement units are manufactured with such materials as

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ENERGY CENTER - ENERGY LOAN PROGRAM	
WINDOW REPLACEMENT WORKSHEET	

BUILD	NG	LOCATION		DATE
To es	The U-Factor of the replace	ng window (See U-Value table be tement window (See U-Value tal tows being replaced (square feet) s/million Btu).	elow). ble below).	mation must be known:
SAV	NGS CALCULATIONS			
1.	Enter the U-Factor of the existing win	ndows		
2	Enter the U-Factor of the replacement	nt windows		
3.	Subtract line 2 from line 1		mane s	
4.	Add 0.86 to line 3	014000140000040000000000000000000000000		
5.	Enter the total area of the windows to	o be replaced	******	
6.	Multiply line 4 by line 5		, minn	
7.	Multiply 0.1 by line 6	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
8.	Enter the heating plant efficiency (pe	ercent divided by 100)		***********

9.	Divide line 7 by line 8			_
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9. 10. YEAI	Divide line 7 by line 8 Enter the energy cost (\$/million Btu).			
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9. 10. YEAI 11. PRO. 12. SIMP	Enter the energy cost (\$/million Btu). RLY SAVINGS Multiply line 9 by line 10	placement including material, lat	bor and design	/year

Fig. 2. Many excellent worksheets are available for calculating payback of replacement windows; this one is produced by the Missouri Department of Natural Resources. Results of payback calculations often reveal grossly overstated claims. Courtesy of the Missouri Department of Natural Resources.

vinyl and PVC, whose production is known to produce toxic by-products. So, while energy savings is green, the vehicle toward its achievement - in this case, replacement windows — is likely to be the antithesis of green.³

- Economic benefits. Restoration projects are nearly twice as labor-intensive as new construction, meaning more dollars spent go to people, not materials. This type of spending, in turn, has the beneficial effect of producing stronger, more dynamic local economies.4
- Ease of maintenance. "Maintenancefree" is a convenient marketing slogan; many replacement windows, in reality, cannot be maintained well or conserved. Vinyl, fiberglass, sealants, desiccants, and coating systems all degrade, and they are materials that remain difficult or impossible to recycle or conserve.⁵
- Long-term performance. While manufacturers' warranties have been lengthened in the past few years (they are now generally from 2 to 10 years), they still pale in comparison to the actual performance life exhibited in historic windows, which can reach 60 to 100 years and more, often with just minimal maintenance.

Clearly, sustainability takes into account more than just the cost of energy savings. It also promotes salient social, economic, and environmental benefits, along with craftsmanship, aesthetics, and the cultural significance of historic fabric. Still, the issue of energy savings is often used to justify replacement over restoration, but just how valid is this argument?

Energy Savings

If the foremost goal for replacing historic windows is energy savings, beware of "facts" presented: they very likely will be — intentionally or not — skewed, misinformed, or outright fallacious. Window manufacturers universally boast about low U-values (the measure of the rate of heat loss through a material or assembly; a U-value is the reciprocal of an R-value, which is the measure of resistance to heat gain or loss). For example, U-values are often misleadingly quoted as the value for the entire window unit, when in fact it is

the value through the center of the glass (the location of the best U-value), not that of the sash nor the average of the entire unit. To be sure that data are being presented appropriately, request the U-values published by the National Fenestration Rating Council (NFRC), which rate whole-window performance.⁷

When U-values are offered for the entire window assembly, they often are significantly worse (i.e., higher) due to infiltration around the frame and rough opening.8 In cases where replacements tend to warp and bow over time (and they do), this factor becomes ever more crucial. It is also important to watch for comparative analyses: some replacement-window manufacturers compare their window units to an "equivalent" single-pane aluminum window. Clearly, this is an inappropriate analogy since these types of windows are not likely to be found in a preservation context.

Infiltration of Outside Air

Infiltration of outside air — rather than heat lost through the glass — is the principal culprit affecting energy; it can account for as much as 50 percent of the total heat loss of a building.¹⁰ When retrofit windows are installed over or within the existing window frame, the argument for preservation already exists: restoring the integrity of the fit between the frame and building wall should be the first component of a preservation approach.

Sash pockets, pulleys, and meeting rails are areas prone to air infiltration in double-hung units. Yet, several weatherproofing systems for existing windows can overcome these heat-sapping short circuits.¹¹ Replacement-window manufacturers themselves admit that even among replacements, double-hung units present the greatest challenges for controlling heat loss because infiltration occurs most frequently at sash-to-sash and sash-to-frame interfaces, which are highly dependent on the quality of the installation. 12 The energy efficiency of restored windows incorporating retrofit components (weatherstripping and weatherseals combining pile, brush, bulb, or "Z" spring seals) can meet and even exceed the efficiency of replacement units. 13 This approach is suggested as the first alternative among greenbuilding advocates.14

Payback

Focusing on windows as the principal source of heat transfer may lead to the conclusion that windows are more important than, say, insulating the attic, foundation, or walls. While data vary somewhat, up to 25 percent of heat may be lost through doors and windows. 15 But when the aforementioned potential 50 percent loss through infiltration is taken into account, the total effective percentage of heat loss attributed to the window units themselves would be only 12.5 percent. That is a relatively small percentage for a potentially large investment, especially when other options are available.

In actuality, typical window-replacement systems offer payback periods that are often nowhere near manufacturers' claims: the payback of a typical unit could take as long as 100 years (Fig. 2).16

Heat Loss/Heat Gain

Heat loss is often discussed, but what about heat gain? In summer, heat gain can add significantly to the energy costs associated with cooling a building.¹ Long waveforms within the daylight spectrum that enter through the glass must be able to exit, or else they degrade to heat that then must be overcome by the building's cooling system.¹⁸ Low-emittance ("low-e" or "soft lowe") glass handles this task best, improving thermal performance by virtually eliminating infrared (long-wave) radiation through the window.¹⁹ It accomplishes this task by allowing short-wave radiation through and reflecting longwave heat back to its source, while at the same time providing an appearance that is virtually clear.²⁰

Low-e glazing can be substituted into existing units that are only single-glazed and still achieve important energy savings. Single-pane low-e glass can provide a virtually equivalent level of combined energy savings as a standard new double-glazed unit when used in concert with an existing single-paned sash (e.g., as a storm or interior sash).²¹ Replacing panes of glass, then tightening up the sash and frame, is a very simple and cost-effective way to achieve the desired whole-assembly U-value without having to modify visible light, mullions, or sash weights.²²

Fig. 3. At left is a drawing of a typical late-nineteenth- to early-twentieth-century six-over-six, double-hung window. At right is a modern "equivalent" replacement. The considerably thicker mullions and frame of the replacement unit (necessitated by the use of insulated glass) result in a nearly 15 percent reduction of visible light and views. Drawing by Walter Sedovic Architects.

Insulated Glass

Replacement windows nearly always incorporate insulated glass (IG) units. The effectiveness of an IG unit is greatly dependent on the depth of the airspace between inner and outer panes, as well as on the nature, type, and amount of desiccant and seals employed around the unit perimeter.²³ While manufacturing techniques for IG units have continued to improve, when IG units fail, they are difficult and time-consuming to replace.²⁴

The additional weight and thickness of IG units preclude their use as retrofits in historic sashes of either wood or metal. Indeed, to compensate for their heft, virtually all IG replacement window mullions, sash, and frames are bulkier than their historic counterparts. The result is that visible daylight levels are reduced by 15 percent or more and views are interrupted.²⁵ Reducing daylight and negatively affecting views are explicitly not consistent with a sustainable approach (Fig. 3).

Laminated Glass as an Alternative

Laminated glass remains an oftenoverlooked alternative to IG units, perhaps because of the industry's focus on marketing it as "safety" glass. While laminated glass cannot compete with technologically advanced, complex IG units, it does offer enhanced U-values for monolithic glass without having to materially alter the mullions of the historic sash into which it is being fitted.²⁶ It is important to recognize, though, that a U-value is not the only criterion that determines the relative thermal efficiency of a window. Solar and light transmittance also affect performance, and they may be benefit when low-e laminated glass is selected.²⁷ The benefits of laminated glass, though, go much further when considered part of a comprehensive program to restore and thermally upgrade historic sash:

- Laminated glass offers significantly higher levels of noise abatement than IG
- Historic glass may be laminated, offering energy and noise benefits while maintaining an authentic finish.
- Laminated glass is far easier and less expensive to procure and install and allows for field cutting.
- It offers superior safety and security features.
- Laminated glass may be equipped with low-e glazing to help offset heat gain.
- Historic sash, both metal and wood, can be outfitted with laminated glass without modifying or replacing mullions and frame elements (something that would be required by the installation of significantly thicker IG units).
- Condensation is reduced as a result of the internal thermal break of laminated glass.
- A variety of features (UV protection, polarization, translucency, etc.) can be incorporated as layers within laminated glass. Efforts to achieve the

same results in IG units through the use of applied films (as opposed to an integral layer within the glass) has been shown to greatly reduce the life of double-glazed units by inhibiting the movement of their seals.²⁸

Performance and Material Quality

A hallmark of sustainability is longterm performance. Intrinsic within that premise are issues about material quality, assembly, and conservability. As noted above, some material choices (e.g., PVC) incorporated into replacement-window units are inherently not able to be conserved.²⁹ When the material degrades, it then becomes necessary to replace the replacement.³⁰

One of the great virtues of historic windows is the quality of the wood with which they were constructed. Historic windows incorporate both hardwoods and softwoods that were often harvested from unfertilized early-growth stock. Such wood has a denser, more naturally occurring grain structure than what is generally available today from secondgrowth stock or fertilized tree farms. Also, historically, greater concern was given to milling methods, such as quarter- or radial sawing. The resulting window performs with greater stability than its modern counterpart. This alone has far-reaching benefits, from minimizing dimensional change, to holding a paint coating, to securing mechanical fasteners.

No amount of today's staples, glue, finger-splices, and heat welds can match the performance of traditional joinery. Similar comparisons could be made of the quality of hardware employed in replacement windows, such as springloaded balances and plastic locking hardware; they cannot compete with the lasting performance and durability of such historic elements as pulley systems and cast-metal hardware.

Ease of Maintenance

For cleaning windows, traditional single- and double-hung windows are often outfitted with interior sash stops that may be removed readily, allowing for full access to the interior and exterior, as well as to the pulley system. Both casement and pivot windows are inherently very easy to clean inside and out.

Replacement windows incorporating tilt-in sash — a feature that on its surface appears enticing — require that there is no interior stop, increasing the potential for air infiltration around the sash. Compressible jamb liners that allow for the tilt-in feature are often constructed of open-cell foams that, once they begin to degrade, lose both their compressibility and sash-to-frame infiltration buffer.

The ability to readily disassemble historic wood windows also allows for selectively restoring, upgrading, and adapting individual components of a window throughout its life. Most replacement-window systems cannot make that claim.

Aesthetics and Authenticity

Nuances in molding profiles, shadow, line, and color of windows, along with quality and appearance of the glass, contribute greatly to the overall building aesthetic and generally emulate the stylistic details of the building as a whole. Even what might seem like small changes in these elements can and does have a noticeable and usually detrimental effect on many historic facades. Outfitting historic buildings with modern replacement windows can and often does result in a mechanical, contrived, or uniformly sterile appearance. Worse, when historic windows are replaced, authenticity is lost forever.

Value and Cost

Repairs of historic windows should add to the value of the property, as an authentically restored automobile would command greater value than one "restored" with plastic replacement parts.

While there is a dearth of cost-comparative analyses between a replacement window and its restored, authentic counterpart, empirical knowledge based on field experience covering a wide variety of window types suggests that restoration is on a par, cost-wise, with a middle-of-the-road replacement. Corollary conclusions are that:

 cheap replacement windows will always exist to superficially counter the cost-basis argument for restoration; and

• high-quality equivalent replacement units have been shown in practice to cost as much as three times that of restoration.

Windows are a critical element of sustainability, but sustainability is not just about energy. It is about making environmentally responsible choices regarding historic windows that take into account the spectrum of associated costs and effects. The choice of whether to replace or restore requires embracing a more encompassing definition of sustainability. The answer is not as simplistic as some would have us be-

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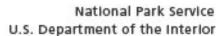
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9 Preservation Briefs

Technical Preservation Services





The Repair of Historic Wooden Windows

John H. Myers

- »Architectural or Historical Significance
- »Physical Evaluation
- »Repair Class I: Routine Maintenance
- »Repair Class II: Stabilization
- »Repair Class III: Splices and Parts Replacement
- »Weatherization
- »Window Replacement
- »Conclusion
- »Additional Reading



A NOTE TO OUR USERS: The web versions of the Preservation Briefs differ somewhat from the printed versions. Many illustrations are new, captions are simplified, illustrations are typically in color rather than black and white, and some complex charts have been omitted.

The windows on many historic buildings are an important aspect of the architectural character of those buildings. Their design, craftsmanship, or other qualities may make them worthy of preservation. This is self-evident for ornamental windows, but it can be equally true for warehouses or factories where the windows may be the most dominant visual element of an otherwise plain building. Evaluating the significance of these windows and planning for their repair or replacement can be a complex process involving both objective and subjective considerations. The Secretary of the Interior's Standards for Rehabilitation and the accompanying guidelines, call for respecting the significance of original materials and features, repairing and retaining them wherever possible, and when necessary, replacing them in kind. This Brief is based on the issues of significance and repair which are implicit in the standards, but the primary emphasis is on the technical issues of planning for the repair of windows including evaluation of their physical condition, techniques of repair, and design considerations when replacement is necessary.

Much of the technical section presents repair techniques as an instructional guide for the do-it-yourselfer. The information will be useful, however, for the architect, contractor, or developer on large-scale projects. It presents a methodology for approaching the evaluation and repair of existing windows, and considerations for replacement, from which the professional can develop alternatives and specify appropriate materials and procedures.

Architectural or Historical Significance

Evaluating the architectural or historical significance of windows is the first step in planning for window treatments, and a general understanding of the function and history of windows is vital to making a proper evaluation. As a part of this evaluation, one must consider four basic window functions: admitting light to the interior spaces, providing fresh air and ventilation to the interior, providing a visual link to the outside world, and enhancing the appearance of a building. No single factor can be disregarded when planning window treatments; for example, attempting to conserve energy by closing up or reducing the size of window openings may result in the use of *more* energy by increasing electric lighting loads and decreasing passive solar heat gains.



Windows are frequently important visual focal points, especially on simple facades such as this mill building. Replacement of the multi-pane windows with larger panes could dramatically alter the appearance of the building. Photo: NPS files.

Historically, the first windows in early American houses were casement windows; that is, they were hinged at the side and opened outward. In the beginning of the eighteenth century singleand double-hung windows were introduced. Subsequently many styles of these vertical sliding sash windows have come to be associated with specific building periods or architectural styles, and this is an important consideration in determining the significance of windows, especially on a local or regional basis. Sitespecific, regionally oriented architectural comparisons should be made to determine the significance of windows in question. Although such comparisons may focus on specific window types and their details, the ultimate determination of significance should be made within the context of the whole building, wherein the windows are one architectural element.

After all of the factors have been evaluated, windows should be considered significant to

a building if they: 1) are original, **2)** reflect the original design intent for the building, **3)** reflect period or regional styles or building practices, **4)** reflect changes to the building resulting from major periods or events, or **5)** are examples of exceptional craftsmanship or design. Once this evaluation of significance has been completed, it is possible to proceed

with planning appropriate treatments, beginning with an investigation of the physical condition of the windows.

Physical Evaluation

The key to successful planning for window treatments is a careful evaluation of existing physical conditions on a unit-by-unit basis. A graphic or photographic system may be devised to record existing conditions and illustrate the scope of any necessary repairs. Another effective tool is a window schedule which lists all of the parts of each window unit. Spaces by each part allow notes on existing conditions and repair instructions. When such a schedule is completed, it indicates the precise tasks to be performed in the repair of each unit and becomes a part of the specifications. In any evaluation, one should note at a minimum:

- 1) window location
- 2) condition of the paint
- 3) condition of the frame and sill
- 4) condition of the sash (rails, stiles and muntins)
- 5) glazing problems
- 6) hardware, and
- 7) the overall condition of the window (excellent, fair, poor, and so forth)

Many factors such as poor design, moisture, vandalism, insect attack, and lack of maintenance can contribute to window deterioration, but moisture is the primary contributing factor in wooden window decay. All window units should be inspected to see if water is entering around the edges of the frame and, if so, the joints or seams should be caulked to eliminate this danger. The glazing putty should be checked for cracked, loose, or missing sections which allow water to saturate the wood, especially at the joints. The back putty on the interior side of the pane should also be inspected, because it creates a seal which prevents condensation from running down into the joinery. The sill should be examined to insure that it slopes downward away from the building and allows water to drain off. In addition, it may be advisable to cut a dripline along the underside of the sill. This almost invisible treatment will insure proper water runoff, particularly if the bottom of the sill is flat. Any conditions, including poor original design, which permit water to come in contact with the wood or to puddle on the sill must be corrected as they contribute to deterioration of the window.

One clue to the location of areas of excessive moisture is the condition of the paint; therefore, each window should be examined for areas of paint failure. Since excessive moisture is detrimental to the paint bond, areas of paint blistering, cracking, flaking, and peeling usually identify points of water penetration, moisture saturation, and potential deterioration. Failure of

the paint should not, however, be mistakenly interpreted as a sign that the wood is in poor condition and hence, irreparable. Wood is frequently in sound physical condition beneath unsightly paint. After noting areas of paint failure, the next step is to inspect the condition of the wood, particularly at the points identified during the paint examination.

Each window should be examined for operational soundness beginning with the lower portions of the frame and sash. Exterior rainwater and interior condensation can flow downward along the window, entering and collecting at points where the flow is blocked. The sill, joints between the sill and jamb, corners of the bottom rails and muntin joints are typical points where water collects and deterioration begins. The operation of the window (continuous opening and closing over



Deterioration of poorly maintained windows usually begins on horizontal surfaces and at joints, where water can collect and saturate the wood. Photo: NPS files.

the years and seasonal temperature changes) weakens the joints, causing movement and slight separation. This process makes the joints more vulnerable to water which is readily absorbed into the endgrain of the wood. If severe deterioration exists in these areas, it will usually be apparent on visual inspection, but other less severely deteriorated areas of the wood may be tested by two traditional methods using a small ice pick.

An ice pick or an awl may be used to test wood for soundness. The technique is simply to jab the pick into a wetted wood surface at an angle and pry up a small section of the wood. Sound wood will separate in long fibrous splinters, but decayed wood will lift up in short irregular pieces due to the breakdown of fiber strength.

Another method of testing for soundness consists of pushing a sharp object into the wood, perpendicular to the surface. If deterioration has begun from the hidden side of a member and the core is badly decayed, the visible surface may appear to be sound wood. Pressure on the probe can force it through an apparently sound skin to penetrate deeply into decayed wood. This technique is especially useful for checking sills where visual access to the underside is restricted.

Following the inspection and analysis of the results, the scope of the necessary repairs will be evident and a plan for the rehabilitation can be formulated. Generally the actions necessary to return a window to "like new" condition will fall into three broad categories:

1) routine maintenance procedures, 2) structural stabilization, and 3) parts replacement. These categories will be discussed in the following sections and will be referred to respectively as Repair Class I, Repair Class II, and Repair Class III. Each successive repair class represents an increasing level of difficulty, expense, and work time. Note that most of the points mentioned in Repair Class I are routine maintenance items and should be provided in a regular maintenance program for any building. The neglect of these routine items can contribute to many common window problems.

Before undertaking any of the repairs mentioned in the following sections all sources of moisture penetration should be identified and eliminated, and all existing decay fungi destroyed in order to arrest the deterioration process. Many commercially available fungicides and wood preservatives are toxic, so it is extremely important to follow the manufacturer's recommendations for application, and store all chemical materials away from children and animals. After fungicidal and preservative treatment the windows may be stabilized, retained, and restored with every expectation for a long service life.

Repair Class I: Routine Maintenance

Repairs to wooden windows are usually labor intensive and relatively uncomplicated. On small scale projects this allows the do-it-yourselfer to save money by repairing all or part of the windows. On larger projects it presents the opportunity for time and money which might otherwise be spent on the removal and replacement of existing windows, to be spent on repairs, subsequently saving all or part of the material cost of new window units. Regardless of the actual costs, or who performs the work, the evaluation process described earlier will provide the knowledge from which to specify an appropriate work program, establish the work element priorities, and identify the level of skill needed by the labor force.



This historic double-hung window has many layers of paint, some cracked and missing putty, slight separation at the joints, broken sash cords, and one cracked pane. Photo: NPS files.



After removing paint from the seam between the interior stop and the jamb, the stop can be pried out and gradually worked loose using a pair of putty knives as shown.

Photo: NPS files.

The routine maintenance required to upgrade a window to "like new" condition normally includes the following steps: 1) some degree of interior and exterior paint removal, 2) removal and repair of sash (including reglazing where necessary), 3) repairs to the frame, 4) weatherstripping and reinstallation of the sash, and 5) repainting. These operations are illustrated for a typical double-hung wooden window, but they may be adapted to other window types and styles as applicable.

Historic windows have usually acquired many layers of paint over time. Removal of excess layers or peeling and flaking paint will facilitate operation of the window and restore the clarity of the original detailing. Some degree of paint removal is also necessary as a first step in the proper surface preparation for subsequent refinishing (if paint color analysis is desired, it should be conducted prior to the onset of the paint removal). There are several safe and effective techniques for removing paint from wood, depending on the amount of paint to be removed.

Paint removal should begin on the interior frames, being careful

to remove the paint from the interior stop and the parting bead, particularly along the seam where these stops meet the jamb. This can be accomplished by running a utility knife along the length of the seam, breaking the paint bond. It will then be much easier to remove the stop, the parting bead and the sash. The interior stop may be initially loosened from the sash side to avoid visible scarring of the wood and then gradually pried loose using a pair of putty knives, working up and down the stop in small increments. With the stop removed, the lower or interior sash may be withdrawn. The sash cords should be detached from the sides of the sash and their



Sash can be removed and repaired in a convenient work area. Paint is being removed from this sash with a hot air gun. Photo: NPS files.

ends may be pinned with a nail or tied in a knot to prevent them from falling into the weight pocket.

Removal of the upper sash on double-hung units is similar but the parting bead which holds it in place is set into a groove in the center of the stile and is thinner and more delicate than the interior stop. After removing any paint along the seam, the parting bead should be carefully pried out and worked free in the same manner as the interior stop. The upper sash can be removed in the same manner as the lower one and both sash taken to a convenient work area (in order to remove the sash the interior stop and parting bead need only be removed from one side of the window). Window openings can be covered with polyethylene sheets or plywood sheathing while the sash are out for repair.

The sash can be stripped of paint using appropriate techniques, but if any heat treatment is used, the glass should be removed or protected from the sudden temperature change which can cause breakage. An overlay of aluminum foil on gypsum board or asbestos can protect the glass from such rapid temperature change. It is important to protect the glass because it may be historic and often adds character to the window. Deteriorated putty should be removed manually, taking care not to damage the wood along the rabbet. If the glass is to be removed, the glazing points which hold the glass in place can be extracted and the panes numbered and removed for cleaning and reuse in the same openings. With the glass panes out, the remaining putty can be removed and the sash can be sanded, patched, and primed with a preservative primer. Hardened putty in the rabbets may be softened by heating with a soldering iron at the point of removal. Putty remaining on the glass may be softened by soaking the panes in linseed oil, and then removed with less risk of breaking the glass. Before reinstalling the glass, a bead of glazing compound or linseed oil putty should be laid around the rabbet to cushion and seal the glass. Glazing compound should only be used on wood which has been brushed with linseed oil and primed with an oil based primer or paint. The pane is then pressed into place and the glazing points are pushed into the wood around the perimeter of the pane.

The final glazing compound or putty is applied and beveled to complete the seal. The sash can be refinished as desired on the inside and painted on the outside as soon as a "skin" has formed on the putty, usually in 2 or 3 days. Exterior paint should cover the beveled glazing compound or putty and lap over onto the glass slightly to complete a weather-tight seal. After the proper curing times have elapsed for paint and putty, the sash will be ready for reinstallation.

While the sash are out of the frame, the condition of the wood in the jamb and sill can be evaluated. Repair and refinishing of the frame may proceed concurrently with repairs to the sash, taking advantage of the curing times for the paints and putty used on the sash. One of the most common work items is the replacement of the sash cords with new rope cords or with chains. The weight pocket is frequently accessible through a door on the face of the frame near the sill, but if no door exists, the trim on the interior face may be removed for access. Sash weights may be increased for easier window operation by elderly or handicapped persons. Additional repairs to the frame and sash may include consolidation or replacement of deteriorated wood. Techniques for these repairs are discussed in the following sections.

The operations just discussed summarize the efforts necessary to restore a window with minor deterioration to "like new" condition. The techniques can be applied by an unskilled person with minimal training and experience. To demonstrate the practicality of this approach, and photograph it, a Technical Preservation Services staff member repaired a wooden double-hung, two over two window which had been in service over ninety years. The wood was structurally sound but the window had one broken pane, many layers of paint, broken sash cords and inadequate, worn-out weatherstripping. The staff member found that the frame could be stripped of paint and the sash removed quite easily. Paint, putty



Following the relatively simple repairs, the window is weathertight, like new in appearance, and serviceable for many years to come. Photo: NPS files.

and glass removal required about one hour for each sash, and the reglazing of both sash was accomplished in about one hour. Weatherstripping of the sash and frame, replacement of the sash cords and reinstallation of the sash, parting bead, and stop required an hour and a half. These times refer only to individual operations; the entire process took several days due to the drying and curing times for putty, primer, and paint, however, work on other window units could have been in progress during these lag times.

Repair Class II: Stabilization

The preceding description of a window repair job focused on a unit which was operationally sound. Many windows will show some additional degree of physical deterioration, especially in the vulnerable areas mentioned earlier, but even badly damaged windows can be repaired using simple processes. Partially decayed wood can be waterproofed, patched, built-up, or consolidated and then painted to achieve a sound condition, good appearance, and greatly extended life. Three techniques for repairing partially decayed or weathered wood are discussed in this section, and all three can be accomplished using products available at most

hardware stores.

One established technique for repairing wood which is split, checked or shows signs of rot, is to: 1) dry the wood, 2) treat decayed areas with a fungicide, 3) waterproof with two or three applications of boiled linseed oil (applications every 24 hours), 4) fill cracks and holes with putty, and 5) after a "skin" forms on the putty, paint the surface. Care should be taken with the use of fungicide which is toxic. Follow the manufacturers' directions and use only on areas which will be painted. When using any technique of building up or patching a flat surface, the finished surface should be sloped slightly to carry water away from the window and not allow it to puddle. Caulking of the joints between the sill and the jamb will help reduce further water penetration.

When sills or other members exhibit surface weathering they may also be built-up using wood putties or homemade mixtures such as sawdust and resorcinol glue, or whiting and varnish. These mixtures can be built up in successive layers, then sanded, primed, and painted. The same caution about proper slope for flat surfaces applies to this technique.

Wood may also be strengthened and stabilized by consolidation, using semirigid epoxies which saturate the porous decayed wood and then harden.



This illustrates a two-part expoxy patching compound used to fill the surface of a weathered sill and rebuild the missing edge. When the epoxy cures, it can be sanded smooth and painted to achieve a durable and waterproof repair. Photo: NPS files.

The surface of the consolidated wood can then be filled with a semirigid epoxy patching compound, sanded and painted. Epoxy patching compounds can be used to build up missing sections or decayed ends of members. Profiles can be duplicated using hand molds, which are created by pressing a ball of patching compound over a sound section of the profile which has been rubbed with butcher's wax. This can be a very efficient technique where there are many typical repairs to be done. The process has been widely used and proven in marine applications; and proprietary products are available at hardware and marine supply stores. Although epoxy materials may be comparatively expensive, they hold the promise of being among the most durable and long lasting materials available for wood repair. More information on epoxies can be found in the publication "Epoxies for Wood Repairs in Historic Buildings," cited in the bibliography.

Any of the three techniques discussed can stabilize and restore the appearance of the window unit. There are times, however, when the degree of deterioration is so advanced that stabilization is impractical, and the only way to retain some of the original fabric is to replace damaged parts.

Repair Class III: Splices and Parts Replacement

When parts of the frame or sash are so badly deteriorated that they cannot be stabilized there are methods which permit the retention of some of the existing or original fabric. These methods involve replacing the deteriorated parts with new matching pieces, or splicing new wood into existing members. The techniques require more skill and are more expensive than any of the previously discussed alternatives. It is necessary to remove the sash and/or the affected parts of the frame and have a carpenter or woodworking mill reproduce the damaged or missing parts. Most millwork firms can duplicate parts, such as muntins, bottom rails, or sills, which can then be incorporated into the existing window, but it may be necessary to shop around because there are several factors controlling the practicality of this approach. Some woodworking mills do not like to repair old sash because nails or other foreign objects in the sash can damage expensive knives (which cost far more than their profits on small repair jobs); others do not have cutting knives to duplicate muntin profiles. Some firms prefer to concentrate on larger jobs with more profit potential, and some may not have a craftsman who can duplicate the parts. A little searching should locate a firm which will do the job, and at a reasonable price. If such a firm does not exist locally, there are firms which undertake this kind of repair and ship nationwide. It is possible, however, for the advanced do-it-yourselfer or craftsman with a table saw to duplicate moulding profiles using techniques discussed by Gordie Whittington in "Simplified Methods for Reproducing Wood Mouldings," Bulletin of the Association for

Preservation Technology, Vol. III, No. 4, 1971, or illustrated more recently in *The Old House*, Time-Life Books, Alexandria, Virginia, 1979.

The repairs discussed in this section involve window frames which may be in very deteriorated condition, possibly requiring removal; therefore, caution is in order. The actual construction of wooden window frames and sash is not complicated. Pegged mortise and tenon units can be disassembled easily, if the units are out of the building. The installation or connection of some frames to the surrounding structure, especially masonry walls, can complicate the work immeasurably, and may even require dismantling of the wall. It may be useful, therefore, to take the following approach to frame repair: 1) conduct regular maintenance of sound frames to achieve the longest life possible, 2) make necessary repairs in place, wherever possible, using stabilization and splicing techniques, and 3) if removal is necessary, thoroughly investigate the structural detailing and seek appropriate professional consultation.

Another alternative may be considered if parts replacement is required, and that is sash replacement. If extensive replacement of parts is necessary and the job becomes prohibitively expensive it may be more practical to purchase new sash which can be installed into the existing frames. Such sash are available as exact custom reproductions, reasonable facsimiles (custom windows with similar profiles), and contemporary wooden sash which are similar in appearance. There are companies which still manufacture high quality wooden sash which would duplicate most historic sash. A few calls to local building suppliers may provide a source of appropriate replacement sash, but if not, check with local historical associations, the state historic preservation office, or preservation related magazines and supply catalogs for information.

If a rehabilitation project has a large number of windows such as a commercial building or an industrial complex, there may be less of a problem arriving at a solution. Once the evaluation of the windows is completed and the scope of the work is known, there may be a potential economy of scale. Woodworking mills may be interested in the work from a large project; new sash in volume may be considerably less expensive per unit; crews can be assembled and trained on site to perform all of the window repairs; and a few extensive repairs can be absorbed (without undue burden) into the total budget for a large number of sound windows. While it may be expensive for the average historic home owner to pay seventy dollars or more for a mill to grind a custom knife to duplicate four or five bad muntins, that cost becomes negligible on large commercial projects which may have several hundred windows.

Most windows should not require the extensive repairs discussed in this section. The ones which do are usually in buildings which have been abandoned for long periods or have totally lacked maintenance for years. It is necessary to thoroughly investigate the alternatives for windows which do require extensive repairs to arrive at a solution which retains historic significance and is also economically feasible. Even for projects requiring repairs identified in this section, if the percentage of parts replacement per window is low, or the number of windows requiring repair is small, repair can still be a cost effective solution.

Weatherization

A window which is repaired should be made as energy efficient as possible by the use of appropriate weatherstripping to reduce air infiltration. A wide variety of products are available to assist in this task. Felt may be fastened to the top, bottom, and meeting rails, but may have the disadvantage of absorbing and holding moisture, particularly at the bottom rail. Rolled vinyl strips may also be tacked into place in appropriate locations to reduce infiltration. Metal strips or new plastic spring strips may be used on the rails and, if space permits, in the channels between the sash and jamb. Weatherstripping is a historic treatment, but old weatherstripping (felt) is not likely to perform very satisfactorily. Appropriate contemporary weatherstripping should be considered an integral part of the repair process for windows. The use of sash locks installed on the meeting rail will insure that the sash are kept tightly closed so that the weatherstripping will function more effectively to reduce infiltration. Although such locks will not always be historically accurate, they will usually be viewed as an acceptable contemporary modification in the interest of improved thermal performance.

Many styles of storm windows are available to improve the thermal performance of existing windows. The use of exterior storm windows should be investigated whenever feasible because they are thermally efficient, cost-effective, reversible, and allow the retention of original windows (see "Preservation Briefs: 3"). Storm window frames may be made of wood, aluminum, vinyl, or plastic; however, the use of unfinished aluminum storms should be avoided. The visual impact of storms may be minimized by selecting colors which match existing trim color. Arched top storms are available for windows with special shapes. Although interior storm windows appear to offer an attractive option for achieving double glazing with minimal visual impact, the potential for damaging condensation problems must be addressed. Moisture which becomes trapped between the layers of glazing can condense on the colder, outer prime window, potentially leading to deterioration. The correct approach to using interior storms is to create a seal on the interior storm while allowing some ventilation around the prime window. In actual practice, the creation of such a durable, airtight seal is difficult.

Window Replacement

Although the retention of original or existing windows is always desirable and this Brief is intended to encourage that goal, there is a point when the condition of a window may clearly indicate replacement. The decision process for selecting replacement windows should not begin with a survey of contemporary window products which are available as replacements, but should begin with a look at the windows which are being replaced. Attempt to understand the contribution of the window(s) to the appearance of the facade including: 1) the pattern of the openings and their size; 2) proportions of the frame and sash; 3) configuration of window panes; 4) muntin profiles; 5) type of wood; 6) paint color; 7) characteristics of the glass; and 8) associated details such as arched tops, hoods, or other decorative elements. Develop an understanding of how the window reflects the

period, style, or regional characteristics of the building, or represents technological development.

Armed with an awareness of the significance of the existing window, begin to search for a replacement which retains as much of the character of the historic window as possible. There are many sources of suitable new windows. Continue looking until an acceptable replacement can be found. Check building supply firms, local woodworking mills, carpenters, preservation oriented magazines, or catalogs or suppliers of old building materials, for product information. Local historical associations and state historic preservation offices may be good sources of information on products which have been used successfully in preservation projects.

Consider energy efficiency as one of the factors for replacements, but do not let it dominate the issue. Energy conservation is no excuse for the wholesale destruction of historic windows which can be made thermally efficient by historically and aesthetically acceptable means. In fact, a historic wooden window with a high quality storm window added should thermally outperform a new double-glazed metal window which does not have thermal breaks (insulation between the inner and outer frames intended to break the path of heat flow). This occurs because the wood has far better insulating value than the metal, and in addition many historic windows have high ratios of wood to glass, thus reducing the area of highest heat transfer. One measure of heat transfer is the U-value, the number of Btu's per hour transferred through a square foot of material. When comparing thermal performance, the lower the U-value the better the performance. According to ASHRAE 1977 Fundamentals, the U-values for single glazed wooden windows range from 0.88 to 0.99. The addition of a storm window should reduce these figures to a range of 0.44 to 0.49. A non-thermal break, double-glazed metal window has a U-value of about 0.6.

Conclusion

Technical Preservation Services recommends the retention and repair of original windows whenever possible. We believe that the repair and weatherization of existing wooden windows is more practical than most people realize, and that many windows are unfortunately replaced because of a lack of awareness of techniques for evaluation, repair, and weatherization. Wooden windows which are repaired and properly maintained will have greatly extended service lives while contributing to the historic character of the building. Thus, an important element of a building's significance will have been preserved for the future.

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Washington, D.C. 1981

Home page logo: Historic six-over-six windows--preserved. Photo: NPS files.

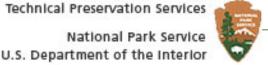
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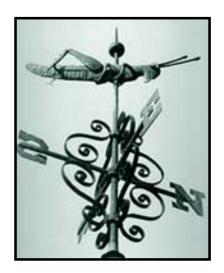
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>Conserving Energy in Historic Buildings

Baird M. Smith, AIA

- »Inherent Energy Saving Characteristics
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With the dwindling supply of energy resources and new efficiency demands placed on the existing building stock, many owners of historic buildings and their architects are assessing the ability of these buildings to conserve energy with an eye to improving thermal performance. This brief has been developed to assist those persons attempting energy conservation measures and weatherization improvements such as adding insulation and storm windows or caulking of exterior building joints. In historic buildings, many measures can result in the inappropriate alteration of important architectural features, or, perhaps even worse, cause serious damage to the historic building materials through unwanted chemical reactions or moisture caused deterioration. This brief recommends measures that will achieve the greatest energy savings with the least alteration to the historic buildings, while using materials that do not cause damage and that represent sound economic investments.

Inherent Energy Saving Characteristics of Historic Buildings

Many historic buildings have energy saving physical features and devices that contribute to good thermal performance. Studies by the Energy Research and Development Administration (see bibliography) show that the buildings with the poorest energy efficiency are actually those built between 1940 and 1975.

Older buildings were found to use less energy for heating and cooling and hence probably require fewer weatherization improvements. They use less energy because they were built with a well-developed sense of physical comfort and because they maximized the natural sources of heating, lighting and ventilation. The historic building owner should understand these inherent energy-saving qualities.

The most obvious (and almost universal) inherent energy saving characteristic was the use of operable windows to provide natural ventilation and light. In addition, historic commercial and public buildings often include interior light/ventilation courts, rooftop ventilators, clerestories or skylights. These features provide energy efficient fresh air and light, assuring that energy consuming mechanical devices may be needed only to supplement the natural energy sources. Any time the mechanical heating and air conditioning equipment can be turned off and the windows opened, energy will be saved.

Early builders and architects dealt with the poor thermal properties of windows in two ways. First, the number of windows in a building was kept to only those necessary to provide adequate light and ventilation. This differs from the approach in many modern buildings where the percentage of



Shutters can be used to minimize the problem of summer heat gain by shading the windows. Photo: NPS files.

windows in a wall can be nearly 100%. Historic buildings where the ratio of glass to wall is often less than 20%, are better energy conservers than most new buildings. Secondly, to minimize the heat gain or loss from windows, historic buildings often include interior or exterior shutters, interior venetian blinds, curtains and drapes, or exterior awnings. Thus, a historic window could remain an energy efficient component of a building.

There are other physical characteristics that enable historic buildings to be energy efficient. For instance, in the warmer climates of the United States, buildings were often built to minimize the heat gain from the summer sun. This was accomplished by introducing exterior balconies, porches, wide roof overhangs, awnings and shade trees. In addition, many of these buildings were designed with the living spaces on the second floor to catch breezes and to escape the radiant heat from the earth's surface. Also, exterior walls were often painted light colors to reflect the hot summer sun, resulting in cooler interior living



This 19th c. building in Massachusetts employed several energy-conserving features in its historic design, including shade trees, roof overhangs, awnings and shutters. Photo: HABS collection, NPS.

spaces.

Winter heat loss from buildings in the northern climates was reduced by using heavy masonry walls, minimizing the number and size of windows, and often using dark paint colors for the exterior walls. The heavy masonry walls used so typically in the late 19th century and early 20th century, exhibit characteristics that improve their thermal performance beyond that formerly recognized. It has been determined that walls of large mass and weight (thick brick or stone) have the advantage of high thermal inertia, also known as the "M factor." This inertia modifies the thermal resistance (R factor) (1) of the wall by lengthening the time scale of heat transmission. For instance, a wall with high thermal inertia, subjected to solar radiation for an hour, will absorb the heat at its outside surface, but

transfer it to the interior over a period as long as 6 hours. Conversely, a wall having the same R factor, but low thermal inertia, will transfer the heat in perhaps 2 hours.

High thermal inertia is the reason many older public and commercial buildings, without modern air conditioning, still feel cool on the inside throughout the summer. The heat from the midday sun does not penetrate the buildings until late afternoon and evening, when it is unoccupied.

Although these characteristics may not typify all historic buildings, the point is that historic buildings often have thermal properties that need little improvement. One must understand the inherent energy saving qualities of a building, and assure, by reopening the windows for instance, that the building functions as it was intended.

To reduce heating and cooling expenditures there are two broad courses of action that may be taken. First, begin passive measures to assure that a



Heavy masonry walls and few windows serve to maximize warmth inside. Photo: HABS collection, NPS.

building and its existing components function as efficiently as possible without the necessity of making alterations or adding new materials. The second course of action is preservation retrofitting, which includes altering the building by making appropriate weatherization measures to improve thermal performance. Undertaking the passive measures and the preservation retrofitting recommended here could result in a 50% decrease in energy expenditures in historic buildings.

Passive Measures

The first passive measures to utilize are operational controls; that is, controlling how and when a building is used. These controls incorporate programmatic planning and scheduling efforts by the owner to minimize usage of energy-consuming equipment. A building should survey and quantify all aspects of energy usage, by evaluating the monies expended for electricity, gas, and fuel oil for a year and by surveying how and when each room is used. This will identify ways of conserving energy by initiating operational controls such as:

- lowering the thermostat in the winter, raising it in the summer
- controlling the temperature in those rooms actually used
- reducing the level of illumination and number of lights (maximize natural light)
- using operable windows, shutters, awnings and vents as originally intended to control interior environment (maximize fresh air)
- having mechanical equipment serviced regularly to ensure maximum efficiency
- · cleaning radiators and forced air registers to ensure proper operation

The passive measures outlined above can save as much as 30% of the energy used in a building. They should be the first undertakings to save energy in any existing building and are particularly appropriate for historic buildings because they do not necessitate building alterations or the introduction of new materials that may cause damage. Passive measures make energy sense, common sense, and preservation sense!

Preservation Retrofitting

In addition to passive measures, building owners may undertake certain retrofitting measures that will not jeopardize the historic character of the building and can be accomplished at a reasonable cost. Preservation retrofitting improves the thermal performance of the building, resulting in another 20%30% reduction in energy.

When considering retrofitting measures, historic building owners should keep in mind that there are no permanent solutions. One can only meet the standards being applied today with today's materials and techniques. In the future, it is likely that the standards and the technologies will change and a whole new retrofitting plan may be necessary. Thus, owners of historic buildings should limit retrofitting measures to those that achieve reasonable energy savings, at reasonable costs, with the least intrusion or impact on the character of the building. Overzealous retrofitting, which introduces the risk of damage to historic building materials, should not be undertaken.

The preservation retrofitting measures presented here, were developed to address the three most common problems in historic structures caused by some retrofitting actions. The first problem concerns retrofitting actions that necessitated inappropriate building alterations, such as the wholesale removal of historic windows, or the addition of insulating aluminum siding, or installing dropped ceilings in significant interior spaces. To avoid such alterations,

refer to the Secretary of the Interior's "Standards for Historic Preservation Projects" which provide the philosophical and practical basis for all preservation retrofitting measures (see last page).

The second problem area is to assure that retrofitting measures do not create moisturerelated deterioration problems. One must recognize that large quantities of moisture are present on the interior of buildings.

In northern climates, the moisture may be a problem during the winter when it condenses on cold surfaces such as windows. As the moisture passes through the walls and roof it may condense within these materials, creating the potential for deterioration. The problem is avoided if a vapor barrier is added facing in.

In southern climates, insulation and vapor barriers are handled quite differently because moisture problems occur in the summer when the moist outside air is migrating to the interior of the building. In these cases, the insulation is installed with the vapor barrier facing out (opposite the treatment of northern climates). Expert advice should be sought to avoid moisture-related problems to insulation and building materials in southern climates.

The third problem area involves the avoidance of those materials that are chemically or physically incompatible with existing materials, or that are improperly installed. A serious problem exists with certain cellulose insulations that use ammonium or aluminum sulfate as a fire retardant, rather than boric acid which causes no problems. The sulfates react with moisture in the air forming sulfuric acid which can cause damage to most metals (including plumbing and wiring), building stones, brick and wood. In one instance, a metal building insulated with cellulose of this type collapsed when the sulfuric acid weakened the structural connections! To avoid problems such as these, refer to the recommendations provided here, and consult with local officials, such as a building inspector, the better business bureau, or a consumer protection agency.

Before a building owner or architect can plan retrofitting measures, some of the existing physical conditions of the building should be investigated. The basic building components (attic, roof, walls and basement) should be checked to determine the methods of construction used and the presence of insulation. Check the insulation for full coverage and whether there is a vapor barrier. This inspection will aid in determining the need for additional insulation, what type of insulation to use (batt, blownin, or poured), and where to install it. In addition, sources of air infiltration should be checked at doors, windows, or where floor and ceiling systems meet the walls. Last, it is important to check the condition of the exterior wall materials, such as painted wooden siding or brick, and the condition of the roof, to determine the weather tightness of the building. A building owner must assure that rain and snow are kept out of the building before expending money for weatherization improvements.

Retrofitting Measures

The following listing includes the most common retrofitting measures; some measures are highly recommended for a preservation retrofitting plan, but, as will be explained, others are less beneficial or even harmful to the historic building:

- Air Infiltration
- Attic Insulation
- Storm Windows
- Basement and Crawl Space Insulation
- Duct and Pipe Insulation
- Awnings and Shading Devices
- Doors and Storm Doors
- Vestibules
- Replacement Windows
- Wall Insulation--Wood Frame
- Wall Insulation--Masonry Cavity Walls
- · Wall Insulation--Installed on the Inside
- Wall Insulation--Installed on the Outside
- Waterproof Coatings for Masonry

The recommended measures to preservation retrofitting begin with those at the top of the list. The first ones are the simplest, least expensive, and offer the highest potential for saving energy. The remaining measures are not recommended for general use either because of potential technical and preservation problems, or because of the costs outweighing the anticipated energy savings. Specific solutions must be determined based on the facts and circumstances of the particular problem; therefore, advice from professionals experienced in historic preservation, such as, architects, engineers and mechanical contractors should be solicited.

Air Infiltration: Substantial heat loss occurs because cold outside air infiltrates the building through loose windows, doors, and cracks in the outside shell of the building. Adding weatherstripping to doors and windows, and caulking of open cracks and joints will substantially reduce this infiltration. Care should be taken not to reduce infiltration to the point where the building is completely sealed and moisture migration is prevented. Without some infiltration, condensation problems could occur throughout the building. Avoid caulking and weatherstripping materials that, when applied, introduce inappropriate colors or otherwise visually impair the architectural character of the building. Reducing air infiltration should be the first priority of a preservation retrofitting plan. The cost is low, little skill is required, and the benefits are substantial.

Attic Insulation: Heat rising through the attic and roof is a major source of heat loss, and reducing this heat loss should be one of the highest priorities in preservation retrofitting. Adding insulation in accessible attic spaces is very effective in saving energy and is generally accomplished at a reasonable cost, requiring little skill to install. The most common attic insulations include blankets of fiberglass and mineral wool, blownin cellulose (treated with boric acid only), blowing wool, vermiculite, and blown fiberglass. If the attic is unheated (not used for habitation), then the insulation is placed between the floor joists with the vapor barrier facing down. If flooring is present, or if the attic is heated, the insulation is generally placed between the roof rafters with the vapor barrier facing in. All should be installed

according to the manufacturer's recommendations. A weatherization manual entitled, "In the Bank . . . or Up the Chimney" (see the bibliography) provides detailed descriptions about a variety of installation methods used for attic insulation. The manual also recommends the amount of attic insulation used in various parts of the country. If the attic has some insulation, add more (but without a vapor barrier) to reach the total depth recommended.

Problems occur if the attic space is not properly ventilated. This lack of ventilation will cause the insulation to become saturated and lose its thermal effectiveness. The attic is adequately ventilated when the net area of ventilation (free area of a louver or vent) equals approximately 1/300 of the attic floor area. With adequate attic ventilation, the addition of attic insulation should be one of the highest priorities of a preservation retrofitting plan.



Storm doors have been added on the inside of this historic building as an energy-conserving device. Photo: NPS files.

If the attic floor is inaccessible, or if it is impossible to add insulation along the roof rafters, consider attaching insulation to the ceilings of the rooms immediately below the attic. Some insulations are manufactured specifically for these cases and include a durable surface which becomes the new ceiling. This option should not be considered if it causes irreparable damage to historic or architectural spaces or features; however, in other cases, it could be a recommended measure of a preservation retrofitting plan.

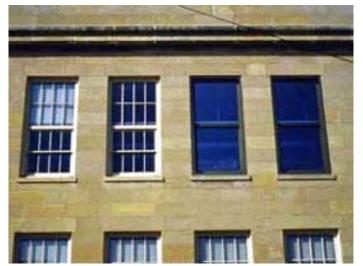
Storm Windows: Windows are a primary source of heat loss because they are both a poor thermal barrier (R factor of only 0.89) and often a source of air infiltration. Adding storm windows greatly improves these poor characteristics. If a building has existing storm windows (either wood or metal framed), they should be retained. Assure they are tight fitting and in good working condition. If they are not in place, it is a recommended measure of a preservation retrofitting plan to add new metal framed windows on the exterior. This will result in a window assembly (historic window plus storm window) with an R factor of 1.79 which outperforms a double paned window assembly (with an air space up to 1/2") that only has an R factor of 1.72. When installing the storm windows, be careful not to damage the historic window frame. If the metal frames visually impair the appearance

of the building, it may be necessary to paint them to match the color of the historic frame.

Triple-track metal storm windows are recommended because they are readily available, in numerous sizes, and at a reasonable cost. If a preassembled storm window is not available for a particular window size, and a custommade storm window is required, the cost can be very high. In this case, compare the cost of manufacture and installation with the expected cost savings resulting from the increased thermal efficiency. Generally, custom-made storm windows, of either wood or metal frames, are not cost effective, and would not be recommended in a preservation retrofitting plan.

Interior storm window installations can be as thermally effective as exterior storm windows; however, there is high potential for damage to the historic window and sill from

condensation. With storm windows on the interior, the outer sash (in this case the historic sash) will be cold in the winter, and hence moisture may condense there. This condensation often collects on the flat surface of the sash or window sill causing paint to blister and the wood to begin to deteriorate. Rigid plastic sheets are used as interior storm windows by attaching them directly to the historic sash. They are not quite as effective as the storm windows described previously because of the possibility of air infiltration around the historic sash. If the rigid plastic sheets are used, assure that they are installed with minimum damage to the historic sash, removed periodically to allow the historic sash to dry, and that the historic frame and sash are completely caulked and weatherstripped.



Tinted glazing has jeopardized the character of this historic office building and is, thus, not a recommended approach. Photo: Mike Jackson.

In most cases, interior storm windows of either metal frames or of plastic sheets are not recommended for preservation retrofitting because of the potential for damage to the historic window. If interior storm windows are in place, the potential for moisture deterioration can be lessened by opening (or removing, depending on the type) the storm windows during the mild months allowing the historic window to dry thoroughly.

Basement and Crawl Space Insulation:

Substantial heat is lost through cold basements and crawl spaces. Adding insulation in these locations is an effective preservation retrofitting measure and should be a high priority action. It is complicated, however, because of the excessive moisture that is often present. One

must be aware of this and assure that insulation is properly installed for the specific location. For instance, in crawl spaces and certain unheated basements, the insulation is generally placed between the first floor joists (the ceiling of the basement) with the **vapor barrier facing up**. Do not staple the insulation in place, because the staples often rust away. Use special anchors developed for insulation in moist areas such as these.

In heated basements, or where the basement contains the heating plant (furnace), or where there are exposed water and sewer pipes, insulation should be installed against foundation walls. Begin the insulation within the first floor joists, and proceed down the wall to a point at least 3 feet below the exterior ground level if possible, with the **vapor barrier facing in**. Use either batt or rigid insulation.

Installing insulation in the basement or crawl space should be a high priority of a preservation retrofitting plan, as long as adequate provision is made to ventilate the unheated space, perhaps even by installing an exhaust fan.

Duct and Pipe Insulation: Wrapping insulation around heating and cooling ducts and hot water pipes, is a recommended preservation retrofitting measure. Use insulation which is intended for this use and install it according to manufacturer's recommendations. Note that air conditioning ducts will be cold in the summer, and hence moisture will condense there.

Use insulation with the **vapor barrier facing out**, away from the duct. These measures are inexpensive and have little potential for damage to the historic building.

Awnings and Shading Devices: In the past, awnings and trees were used extensively to provide shade to keep buildings cooler in the summer. If awnings or trees are in place, keep them in good condition, and take advantage of their energy-saving contribution. Building owners may consider adding awnings or trees if the summer cooling load is substantial. If awnings are added, assure that they are installed without damaging the building or visually impairing its architectural character. If trees are added, select deciduous trees that provide shade in the summer but, after dropping their leaves, would allow the sun to warm the building in the winter. When planting trees, assure that they are no closer than 10 feet to the building to avoid damage to the foundations. Adding either awnings or shade trees may be expensive, but in hot climates, the benefits can justify the costs.



Awnings reduce heat gain in the summer and, when they are raised in the winter, radiant heat from the sun provides free supplementary heat. Photo: NPS files.

Doors and Storm Doors: Most historic wooden doors, if they are solid wood or paneled, have fairly good thermal properties and should not be replaced, especially if they are important architectural features. Assure that the frames and doors have proper maintenance, regular painting, and that caulking and weatherstripping is applied as necessary.

A storm door would improve the thermal performance of the historic door; however, recent studies indicate that installing a storm door is not normally cost effective in residential settings. The costs are high compared to the anticipated savings. Therefore, storm doors should only be added to buildings in cold climates, and added in such a way to minimize the visual impact on the building's appearance. The storm door design should be compatible with the architectural character of the building and may be painted to match the colors of the historic door.

Vestibules: Vestibules create a secondary air space at a doorway to reduce air infiltration occurring while the primary door is open. If a vestibule is in place, retain it. If not, adding a vestibule, either on the exterior or interior, should be carefully considered to determine the possible visual impact on the character of the building. The energy savings would be comparatively small compared to construction costs. Adding a vestibule should be considered in very cold climates, or where door use is very high, but in either case, the additional question of visual intrusion must be resolved before it is added. For most cases with historic buildings, adding a vestibule is not recommended.

Replacement Windows: Unfortunately, a common weatherization measure, especially in larger buildings, has been the replacement of historic windows with modern double paned

windows. The intention was to improve the thermal performance of the existing windows and to reduce longterm maintenance costs. The evidence is clear that adding exterior storm windows is a viable alternative to replacing the historic windows and it is the recommended approach in preservation retrofitting. However, if the historic windows are severely deteriorated and their repair would be impractical, or economically infeasible, then replacement windows may be warranted. The new windows, of either wood or metal, should closely match the historic windows in size, number of panes, muntin shape, frame, color and reflective qualities of the glass.

Wall Insulation--Wood Frame: The addition of wall insulation in a wood frame building is generally not recommended as a preservation retrofitting measure because the costs are high, and the potential for damage to historic building materials is even higher. Also, wall insulation is not particularly effective for small frame buildings (one story) because the heat loss from the uninsulated walls is a relatively small percentage of the total, and part of that can be attributed to infiltration. If, however, the historic building is two or more stories, and is located in a cold climate, wall insulation may be considered if extreme care (as explained later) is exercised with its installation.

The installation of wall insulation in historic frame buildings can result in serious technical and preservation problems. As discussed before, insulation must be kept dry to function properly, and requires a vapor barrier and some provision for air movement. Introducing insulation in wall cavities, without a vapor barrier and some ventilation can be disastrous. The insulation would become saturated, losing its thermal properties, and in fact, actually increasing the heat loss through the wall. Additionally, the moisture (in vapor form) may condense into water droplets and begin serious deterioration of adjacent building materials such as sills, window frames, framing and bracing. The situation is greatly complicated, because correcting such problems could necessitate the complete (and costly) dismantling of the exterior or interior wall surfaces. It should be clear that adding wall insulation has the potential for causing serious damage to historic building materials.

If adding wall insulation to frame buildings is determined to be absolutely necessary, the first approach should be to consider the careful removal of the exterior siding so that it may later be reinstalled. Then introduce batt insulation with the **vapor barrier facing in** into the now accessible wall cavity. The first step in this approach is an investigation to determine if the siding can be removed without causing serious damage.

If it is feasible, introducing insulation in this fashion provides the best possible solution to insulating a wall, and provides an excellent opportunity to view most of the structural system for possible hidden structural problems or insect infestations. A building owner should not consider this approach if it would result in substantial damage to or loss of historic wooden siding. Most siding, however, would probably withstand this method if reasonable care is exercised.

The second possible approach for wall insulation involves injecting or blowing insulation into the wall cavity. The common insulations are the loose fill types that can be blown into the cavity, the poured types, or the injected types such as foam. Obviously a vapor barrier cannot be simultaneously blown into the space. However, an equivalent vapor barrier can be created by assuring that the interior wall surfaces are covered with an impermeable paint

layer. Two layers of oil base paint or one layer of impermeable latex paint constitute an acceptable vapor barrier. Naturally, for this to work, the paint layer must cover all interior surfaces adjacent to the newly installed wall insulation. Special attention should be given to rooms that are major sources of interior moisture--the laundry room, the bathrooms and the kitchen.

In addition to providing a vapor barrier, make provisions for some air to circulate in the wall cavity to help ventilate the insulation and the wall materials. This can be accomplished in several ways. One method is to install small screened vents (about 2 inches in diameter) at the base of each stud cavity. If this option is taken, the vents should be as inconspicuous as possible. A second venting method can be used where the exterior siding is horizontally lapped. Assure that each piece of siding is separated from the other, allowing some air to pass between them. Successive exterior paint layers often seal the joint between each piece of siding. Break the paint seal (carefully insert a chisel and twist) between the sections of exterior siding to provide the necessary ventilation for the insulation and wall materials.

With provisions for a vapor barrier (interior paint layer) and wall ventilation (exterior vents) satisfied, the appropriate type of wall insulation may then be selected. There are three recommended types to consider: blown cellulose (with boric acid as the fire retardant), vermiculite, or perlite. Cellulose is the preferred wall insulation because of its higher R factor and its capability to flow well into the various spaces within a wall cavity.

There are two insulation types that are not recommended for wall insulation: *ureaformaldehyde foams, and cellulose* which uses aluminum or ammonium sulfate instead of boric acid as a fire retardant. The cellulose treated with the sulfates reacts with moisture in the air and forms sulfuric acid which corrodes many metals and causes building stones to slowly disintegrate. This insulation is not appropriate for use in historic buildings.

Although ureaformaldehyde foams appear to have potential as retrofit materials (they flow into any wall cavity space and have a high R factor) their use is not recommended for preservation retrofitting until some serious problems are corrected. The major problem is that the injected material carries large quantities of moisture into the wall system. As the foam cures, this moisture must be absorbed into the adjacent materials. This process has caused interior and exterior paint to blister, and caused water to actually puddle at the base of a wall, creating the likelihood of serious deterioration to the historic building materials. There are other problems that affect both historic buildings and other existing buildings. Foams are a twopart chemical installed by franchised contractors. To obtain the exact proportion of the two parts, the foam must be mixed and installed under controlled conditions of temperature and humidity. There are cases where the controls were not followed and the foam either cured improperly, not attaining the desired R factor, or the foam continued to emit a formaldehyde smell. In addition, the advertised maximum shrinkage after curing (3%) has been tested and found to be twice as high. Until this material is further developed and the risks eliminated, it is clearly not an appropriate material for preservation retrofitting.

Wall Insulation--Masonry Cavity Walls: Some owners of historic buildings with masonry cavity wall construction have attempted to introduce insulation into the cavity. This is not good practice because it ignores the fact that masonry cavity walls normally have acceptable

thermal performance, needing no improvement. Additionally, introducing insulation into the cavity will most likely result in condensation problems and alter the intended function of the cavity. The air cavity acts as a vapor barrier in that moist air passing through the inner wythe of masonry meets the cold face of the outer wythe and condenses. Water droplets form and fall to the bottom of the wall cavity where they are channeled to the outside through weep holes. The air cavity also improves the thermal performance of the wall because it slows the transfer of heat or cold between the two wythes, causing the two wall masses to function independently with a thermal cushion between them.

Adding insulation to this cavity alters the vapor barrier and thermal cushion functions of the air space and will likely clog the weep holes, causing the moisture to puddle at the base of the wall. Also, the addition of insulation creates a situation where the moisture dew point (where moisture condenses) moves from the inner face of the outer wythe, into the outer wythe itself. Thus, during a freeze, this condensation will freeze, causing spalling and severe deterioration. The evidence is clear that introducing insulation, of any type, into a masonry cavity wall is not recommended in a preservation retrofitting plan.

Wall Insulation--Installed on the Inside: Insulation could be added to a wall whether it be wooden or masonry, by attaching the insulation to furring strips mounted on the interior wall faces. Both rigid insulation, usually 1 or 2 inches thick, and batt insulation, generally 3-1/2 inches thick, can be added in this fashion, with the vapor barrier facing in. Extra caution must be exercised if rigid plastic foam insulation is used because it can give off dense smoke and rapidly spreading flame when burned. Therefore, it must be installed with a fireproof covering, usually 1/2-inch gypsum wallboard. Insulation should not be installed on the inside if it necessitates relocation or destruction of important architectural decoration, such as cornices, chair rails, or window trims, or causes the destruction of historic plaster or other wall finishes. Insulation installed in this fashion would be expensive and could only be a recommended preservation retrofitting measure if it is a large building, located in a cold climate, and if the interior spaces and features have little or no architectural significance.

Wall Insulation--Installed on the Outside: There is a growing use of aluminum or vinyl siding installed directly over historic wooden sidings, supposedly to reduce longterm maintenance and to improve the thermal performance of the wall. From a preservation viewpoint, this is a poor practice for several reasons. New siding covers from view existing or potential deterioration problems or insect infestations. Additionally, installation often results in damage or alteration to existing decorative features such as beaded weatherboarding, window and door trim, corner boards, cornices, or roof trim. The cost of installing the artificial sidings compared with the modest increase, if any, in the thermal performance of the wall does not add up to an effective energy-saving measure. The use of artificial siding is not recommended in a preservation retrofitting plan.

Good preservation practice would assure regular maintenance of the existing siding through periodic painting and caulking. Where deterioration is present, individual pieces of siding should be removed and replaced with matching new ones. Refer to the earlier sections of this brief for recommended retrofitting measures to improve the thermal performance of wood frame walls.

Waterproof Coatings for Masonry: Some owners of historic buildings use waterproof

coatings on masonry believing it would improve the thermal performance of the wall by keeping it dry (dry masonry would have a better R factor than when wet). Application of waterproof coatings is not recommended because the coatings actually trap moisture within the masonry, and can cause spalling and severe deterioration during a freezing cycle.

In cases where exterior brick is painted, consider continued periodic painting and maintenance, since paints are an excellent preservation treatment for brick. When repainting, a building owner might consider choosing a light paint color in warm climates, or a dark color in cold climates, to gain some advantage over the summer heat gain or winter heat loss, whichever the case may be. These colors should match those used historically on the building or should match colors available historically.

Mechanical Equipment

A detailed treatise of recommended or not recommended heating or air conditioning equipment, or of alternative energy sources such as solar energy or wind power, is beyond the scope of this brief. The best advice concerning mechanical equipment in historic buildings is to assure that the existing equipment works as efficiently as possible. If the best professional advice recommends replacement of existing equipment, a building owner should keep the following considerations in mind. First, as technology advances in the coming years, the equipment installed now will be outdated rapidly relative to the life of the historic building. Therefore, it may be best to wait and watch, until new technologies (such as solar energy) become more feasible, efficient, and inexpensive. Secondly, do not install new equipment and ductwork in such a way that its installation, or possible later removal, will cause irreversible damage to significant historic building materials. The concept of complete invisibility, which necessitates hiding piping and ductwork within wall and floor systems, may not always be appropriate for historic buildings because of the damage that often results. Every effort should be made to select a mechanical system that will require the least intrusion into the historic fabric of the building and that can be updated or altered without major intervention into the wall and floor systems. These points should be considered when weighing the decision to replace a less than efficient exiting system with a costly new system, which may cause substantial damage to the historic building materials and in turn may prove inefficient in the future.

Summary

The primary focus of this brief has been to describe ways to achieve the maximum energy savings in historic buildings without jeopardizing the architectural, cultural and historical qualities for which the properties have been recognized. This can be accomplished through undertaking the passive measures and the "recommended" preservation retrofitting. Secondly, this brief has emphasized the benefits of undertaking the retrofitting measures in phases so that the actual energy savings anticipated from each retrofitting measure can be realized. Thus, the "not recommended" retrofitting measures, with potential for damage or

alteration of historic building materials, would not have to be undertaken, because the maximum feasible savings would have already been accomplished.

Lastly, and perhaps most important, we must recognize that the technologies of retrofitting and weatherization are relatively new. Unfortunately, most current research and product development is directed toward new construction. It is hoped that reports such as this, and the realization that fully 30% of all construction in the United States now involves work on existing buildings, will stimulate the development of new products that can be used with little hesitation in historic buildings. Until that time, owners of historic buildings can undertake the preservation retrofitting measures recommended here and greatly reduce the energy used for heating and cooling, without destroying those historic and architectural qualities that make the building worthy of preservation.

NOTE

(1) R factor is the measure of the ability of insulation to decrease heat flow. The higher the factor, the better the thermal performance of the material.

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Washington, D.C. April, 1978

Home page logo: *Copper Grasshopper Weather Vane* by Shem Drowne, 1742, Faneuil Hall, Dock Square, Boston, Massachusetts. Photo: Courtesy, Index of American Design, Mass-Me-230, National Gallery of Art.

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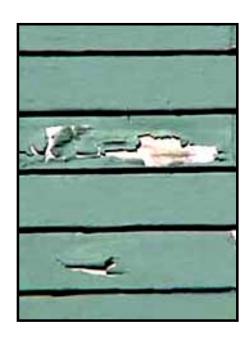




Exterior Paint Problems on Historic Woodwork

Kay D. Weeks and David W. Look, AIA

- »Purposes of Exterior Paint
- »Treating Paint Problems
- »Justification for Paint Removal
- »Paint Removal Precautions
- »Repainting Historic Buildings for Cosmetic Reasons
- »Conditions/Recommended Treatments
- »Selecting the Safest Method to Remove Paint
- »General Paint Type Recommendations
- »Conclusion
- »Reading List



A NOTE TO OUR USERS: The web versions of the **Preservation Briefs** differ somewhat from the printed versions. Many illustrations are new, captions are simplified, illustrations are typically in color rather than black and white, and some complex charts have been omitted.

A cautionary approach to paint removal is included in the guidelines to the *Secretary of the Interior Standards for Rehabilitation*. Removing paints down to bare wood surfaces using harsh methods can permanently damage those surfaces; therefore such methods are not recommended. Also, total removal obliterates evidence of the historical paints and their sequence and architectural context.

This Brief expands on that advice for the architect, building manager, contractor, or homeowner by identifying and describing common types of paint surface conditions and failures, then recommending appropriate treatments for preparing exterior wood surfaces for repainting to assure the best adhesion and greatest durability of the new paint.

Although the Brief focuses on responsible methods of "paint removal," several paint surface conditions will be described which do not require any paint removal, and still others which

can be successfully handled by limited paint removal. In all cases, the information is intended to address the concerns related to exterior wood. It will also be generally assumed that, because houses built before 1950 involve one or more layers of lead-based paint, the majority of conditions warranting paint removal will mean dealing with this toxic substance along with the dangers of the paint removal tools and chemical strippers themselves.

Purposes of Exterior Paint



The paint on this exterior decorative feature is sound. Photo: NPS files.

Paint applied to exterior wood must withstand yearly extremes of both temperature and humidity. While never expected to be more than a temporary physical shield-requiring reapplication every 5 to 8 years--its importance should not be minimized. Because one of the main causes of wood deterioration is moisture penetration, a primary purpose for painting wood is to exclude such moisture, thereby slowing deterioration not only of a building's exterior siding and decorative features but, ultimately, its underlying structural members. Another important purpose for painting wood is, of course, to define and accent architectural features and to improve appearance.

Treating Paint Problems in Historic Buildings

Exterior paint is constantly deteriorating through the processes of weathering, but in a program of regular maintenance--assuming all other building systems are functioning properly--surfaces can be cleaned, lightly scraped, and hand sanded in preparation for a new finish coat. Unfortunately, these are ideal conditions. More often, complex maintenance problems are inherited by owners of historic buildings, including areas of paint that have failed beyond the point of mere cleaning, scraping, and hand sanding (although much so-called "paint failure" is attributable to interior or exterior moisture problems or surface preparation and application mistakes with previous coats).

Although paint problems are by no means unique to historic buildings, treating multiple layers of hardened, brittle paint on complex, ornamental--and possibly fragile--exterior wood surfaces necessarily requires an extremely cautious approach. In the case of recent construction, this level of concern is not needed because the wood is generally less detailed and, in addition, retention of the sequence of paint layers as a partial record of the building's history is not an issue.

When historic buildings are involved, however, a special set of problems arises--varying in complexity depending upon their age, architectural style, historical importance, and physical soundness of the wood--which must be carefully evaluated so that decisions can be made that are sensitive to the longevity of the resource.

Justification for Paint Removal

At the outset of this Brief, it must be emphasized that removing paint from historic buildings--with the exception of cleaning, light scraping, and hand sanding as part of routine maintenance--should be avoided unless absolutely essential.

Once conditions warranting removal have been identified the general approach should be to remove paint to the next sound layer using the gentlest



When the protective and decorative paint finish was removed and an inappropriate clear finish applied, the exterior character of the building was altered. Photo: NPS files.

means possible, then to repaint. Practically speaking as well, paint can adhere just as effectively to existing paint as to bare wood, providing the previous coats of paint are also adhering uniformly and tightly to the wood and the surface is properly prepared for repainting-- cleaned of dirt and chalk and dulled by sanding.

But, if painted exterior wood surfaces display continuous patterns of deep cracks or if they are extensively blistering and peeling so that bare wood is visible, then the old paint should be completely removed before repainting. The only other justification for removing all previous layers of paint is if doors, shutters, or windows have literally been "painted shut," or if new wood is being pieced-in adjacent to old painted wood and a smooth transition is desired.

Paint Removal Precautions

Because paint removal is a difficult and painstaking process, a number of costly, regrettable experiences have occurred--and continue to occur--for both the historic building and the building owner. Historic buildings have been set on fire with blow torches; wood irreversibly scarred by sandblasting or by harsh mechanical devices such as rotary sanders and rotary wire strippers; and layers of historic paint inadvertently and unnecessarily removed. In addition, property owners, using techniques that substitute speed for safety, have been injured by toxic lead vapors or dust from the paint they were trying to remove or by misuse of the paint removers themselves.

Owners of historic properties considering paint removal should also be aware of the amount of time and labor involved. While removing damaged layers of paint from a door or porch railing might be readily accomplished within a reasonable period of time by one or two

people, removing paint from larger areas of a building can, without professional assistance, easily become unmanageable and produce less than satisfactory results. The amount of work involved in any paint removal project must therefore be analyzed on a case-by-case basis. Hiring qualified professionals will often be a cost-effective decision due to the expense of materials, the special equipment required, and the amount of time involved. Further, paint removal companies experienced in dealing with the inherent health and safety dangers of paint removal should have purchased such protective devices as are needed to mitigate any dangers and should also be aware of State or local environmental and/or health regulations for hazardous waste disposal.

All in all, paint removal is a messy, expensive, and potentially dangerous aspect of rehabilitating or restoring historic buildings and should not be undertaken without careful thought concerning first, its necessity, and second, which of the available recommended methods is the safest and most appropriate for the job at hand.

Re-painting Historic Buildings for Cosmetic Reasons

If existing exterior paint on wood siding, eaves, window sills, sash, and shutters, doors, and decorative features shows no evidence of paint deterioration such as chalking, blistering, peeling, or cracking, then there is no physical reason to repaint, much less remove paint! Nor is color fading, of itself, sufficient justification to repaint a historic building.

The decision to repaint may not be based altogether on paint failure. Where there is a new owner, or even where ownership has remained constant through the years, taste in colors often changes. Therefore, if repainting is primarily to alter a building's primary and accent colors, a technical factor of paint accumulation should be taken into consideration.



When the paint on the wood windows became too thick, it

When paint builds up to a thickness of approximately 1/16" (approximately 16 to 30 layers), one or more extra coats of paint may be enough to trigger cracking and peeling in limited or even widespread areas of the building's surface. This results because excessively thick paint is less able to withstand the shrinkage or pull of an additional coat as it dries and is also less able to tolerate thermal stresses. Thick paint invariably fails at the weakest point of adhesion--the oldest layers next to the wood. Cracking and peeling follow. Therefore, if there are no signs of paint failure, it may be somewhat risky to add still another layer of unneeded paint simply for color's sake (extreme changes in color may also require more than one coat to provide proper hiding power and full color). When paint appears to be nearing the critical thickness, a change of accent colors (that is, just to limited portions of the trim) might be an acceptable compromise without chancing cracking and peeling of paint on wooden siding.

was removed and the window repainted. Photo: NPS files.

If the decision to repaint is nonetheless made, the "new" color or colors should, at a minimum, be appropriate to the style and setting of the building. On the other hand, where the intent is to restore or accurately reproduce the colors originally used or those

from a significant period in the building's evolution, they should be based on the results of a paint analysis.

Identification of Exterior Paint Surface Conditions/Recommended Treatments

It is assumed that a preliminary check will already have been made to determine, first, that the painted exterior surfaces are indeed wood--and not stucco, metal, or other wood substitutes--and second, that the wood has not decayed so that repainting would be superfluous. For example, if any area of bare wood such as window sills has been exposed for a long period of time to standing water, wood rot is a strong possibility. Repair or replacement of deteriorated wood should take place before repainting. After these two basic issues have been resolved, the surface condition identification process may commence.

The historic building will undoubtedly exhibit a variety of exterior paint surface conditions. For example, paint on the wooden siding and doors may be adhering firmly; paint on the eaves peeling; and paint on the porch balusters and window sills cracking and alligatoring. The accurate identification of each paint problem is therefore the first step in planning an appropriate overall solution.

Paint surface conditions can be grouped according to their relative severity: CLASS I conditions include minor blemishes or dirt collection and generally require no paint removal; CLASS II conditions include failure of the top layer or layers of paint and generally require limited paint removal; and CLASS III conditions include substantial or multiple-layer failure and generally require total paint removal. It is precisely because conditions will vary at different points on the building that a careful inspection is critical. Each item of painted exterior woodwork (i.e., siding, doors, windows, eaves, shutters, and decorative elements) should be examined early in the planning phase and surface conditions noted.



The problem evidenced here by mossy growth and deteriorated wood must be resolved and the wood allowed to dry out before the wood is repainted. Photo: NPS files.

CLASS I Exterior Surface Conditions Generally Requiring No Paint Removal

Dirt, Soot, Pollution, Cobwebs, Insect Cocoons, etc.

Cause of Condition

Environmental "grime" or organic matter that tends to cling to painted exterior surfaces and, in particular, protected surfaces such as eaves, do not constitute a paint problem unless painted over rather than removed prior to repainting. If not removed, the surface deposits can be a barrier to proper adhesion and cause peeling.

Recommended Treatment

Most surface matter can be loosened by a strong, direct stream of water from the nozzle of a garden hose. Stubborn dirt and soot will need to be scrubbed off using I/2 cup of household detergent in a gallon of water with a medium soft bristle brush. The cleaned surface should then be rinsed thoroughly, and permitted to dry before further inspection to determine if repainting is necessary. Quite often, cleaning provides a satisfactory enough result to postpone repainting.

Mildew

Cause of Condition

Mildew is caused by fungi feeding on nutrients contained in the paint film or on dirt adhering to any surface. Because moisture is the single most important factor in its growth, mildew tends to thrive in areas where dampness and lack of sunshine are problems such as window sills, under eaves, around gutters and downspouts, on the north side of buildings, or in shaded areas near shrubbery. It may sometimes be difficult to distinguish mildew from dirt, but there is a simple test to differentiate: if a drop of household bleach is placed on the suspected surface, mildew will immediately turn white whereas dirt will continue to look like dirt.

Recommended Treatment

Because mildew can only exist in shady, warm, moist areas, attention should be given to altering the environment that is conducive to fungal growth. The area in question may be shaded by trees which need to be pruned back to allow sunlight to strike the building; or may lack rain gutters or proper drainage at the base of the building. If the shady or moist conditions can be altered, the mildew is less likely to reappear. A recommend solution for removing mildew consists of one cup non-ammoniated detergent, one quart household bleach, and one gallon water. When the surface is scrubbed with this solution using a medium soft brush, the mildew should disappear; however, for particularly stubborn spots, an additional quart of bleach may be added. After the area is mildew-free, it should then be rinsed with a direct stream of water from the nozzle of a garden hose, and permitted to dry thoroughly. When repainting, specially formulated "mildew-resistant" primer and finish coats should be used.

Excessive Chalking

Cause of Condition

Chalking--or powdering of the paint surface--is caused by the gradual disintegration of the resin in the paint film. (The amount of chalking is determined both by the formulation of the paint and the amount of ultraviolet light to which the paint is exposed.) In moderation, chalking is the ideal way for a paint to "age," because the chalk, when rinsed by rainwater, carries discoloration and dirt away with it and thus provides an ideal surface for repainting. In excess, however, it is not desirable because the chalk can wash down onto a surface of a different color beneath the painted area and cause streaking as well as rapid disintegration of the paint film itself. Also, if a paint contains too much pigment for the amount of binder (as the old white lead carbonate/oil paints often did), excessive chalking can result.

Recommended Treatment

The chalk should be cleaned off with a solution of I/2 cup household detergent to one gallon water, using a medium soft bristle brush. After scrubbing to remove the chalk, the surface should be rinsed with a direct stream of water from the nozzle of a garden hose, allowed to dry thoroughly, (but not long enough for the chalking process to recur) and repainted, using a non-chalking paint.

Staining

Cause of Condition

Staining of paint coatings usually results from excess moisture reacting with materials within the wood substrate. There are two common types of staining, neither of which requires paint removal. The most prevalent type of stain is due to the oxidation or rusting of iron nails or metal (iron, steel, or copper) anchorage devices. A second type of stain is caused by a chemical reaction between moisture and natural extractives in certain woods (red cedar or redwood) which results in a surface deposit of colored matter. This is most apt to occur in new replacement wood within the first 10-15 years.

Recommended Treatment

In both cases, the source of the stain should first be located and the moisture problem corrected.

When stains are caused by rusting of the heads of nails used to attach shingles or siding to an exterior wall or by rusting or oxidizing iron, steel, or copper anchorage devices adjacent to a painted surface, the metal objects themselves should be hand sanded and coated with a rust-inhibitive primer followed by two finish coats. (Exposed nail heads should ideally be countersunk, spot primed, and the holes filled with a high quality wood filler except where exposure of the nail head was part of the original construction system or the wood is too fragile to withstand the countersinking procedure.)

Discoloration due to color extractives in replacement wood can usually be cleaned with a solution of equal parts denatured alcohol and water. After the affected area has been rinsed and permitted to dry, a "stainblocking primer" especially developed for preventing this type of stain should be applied (two primer coats are recommended for severe cases of bleeding prior to the finish coat). Each primer coat should be allowed to dry at least 48 hours.

CLASS II Exterior Surface Conditions Generally Requiring Limited Paint Removal

Crazing

Cause of Condition

Crazing--fine, jagged interconnected breaks in the top layer of paint--results when paint that is several layers thick becomes excessively hard and brittle with age and is consequently no longer able to expand and contract with the wood in response to changes in temperature and humidity. As the wood swells, the bond between paint layers is broken and hairline cracks appear. Although somewhat more difficult to detect as opposed to other more obvious paint problems, it is well worth the time to scrutinize all surfaces for crazing. If not corrected, exterior moisture will enter the crazed surface, resulting in further swelling of the wood and, eventually, deep cracking and alligatoring, a Class III condition which requires total paint removal.

Recommended Treatment

Crazing can be treated by hand or mechanically sanding the surface, then repainting. Although the hairline cracks may tend to show through the new paint, the surface will be protected against exterior moisture penetration.



Crazing--or surface cracking--is an exterior surface condition which can be successfully treated by sanding and painting. Photo:
Courtesy, National Decorating Products
Assocation.

Intercoat Peeling

Cause of Condition

Intercoat peeling can be the result of improper surface preparation prior to the last repainting. This most often occurs in protected areas such as eaves and covered porches because these surfaces do not receive a regular rinsing from rainfall, and salts from airborne pollutants thus accumulate on the surface. If not cleaned off, the new paint coat will not adhere properly and that layer will peel.



Here, a latex top coat was applied directly over old oil paint, resulting in intercoat peeling. The latex was unable to adhere. If latex is used over oil, an oil-base primer should be applied first. Photo: Mary L. Oehrlein, AIA.

Another common cause of intercoat peeling is incompatibility between paint types. For example, if oil paint is applied over latex paint, peeling of the top coat can sometimes result since, upon aging, the oil paint becomes harder and less elastic than the latex paint. If latex paint is applied over old, chalking oil paint, peeling can also occur because the latex paint is unable to penetrate the chalky surface and adhere.

Recommended Treatment

First, where salts or impurities have caused the peeling, the affected area should be washed down thoroughly after scraping, then wiped dry. Finally, the surface should be hand or mechanically sanded, then repainted.

Where peeling was the result of using incompatible paints, the peeling top coat should be scraped and hand or mechanically sanded. Application of a high quality oil type exterior primer will provide a surface over which either an oil or a latex topcoat can be successfully used.

Solvent Blistering

Cause of Condition

Solvent blistering, the result of a less common application error, is not caused by moisture, but by the action of ambient heat on paint solvent or thinners in the paint film. If solventrich paint is applied in direct sunlight, the top surface can dry too quickly and, as a result, solvents become trapped beneath the dried paint film. When the solvent vaporizes, it forces its way through the paint film, resulting in surface blisters. This problem occurs more often with dark colored paints because darker colors absorb more heat than lighter ones. To distinguish between solvent blistering and blistering caused by moisture, a blister should be cut open. If another layer of paint is visible, then solvent blistering is likely the problem whereas if bare wood is revealed, moisture is probably to blame. Solvent blisters are generally small.

Recommended Treatment

Solvent-blistered areas can be scraped, hand or mechanically sanded to the next sound layer, then repainted. In order to prevent blistering of painted surfaces, paint should not be applied in direct sunlight.

Wrinkling

Cause of Condition

Another error in application that can easily be avoided is wrinkling. This occurs when the top layer of paint dries before the layer underneath. The top layer of paint actually moves as the paint underneath (a primer, for example) is drying. Specific causes of wrinkling include: (1) applying paint too thick; (2) applying a second coat before the first one dries; (3) inadequate brushing out; and (4) painting in temperatures higher than recommended by the manufacturer.

Recommended Treatment

The wrinkled layer can be removed by scraping followed by hand or mechanical sanding to provide as even a surface as possible, then repainted following manufacturer's application instructions.



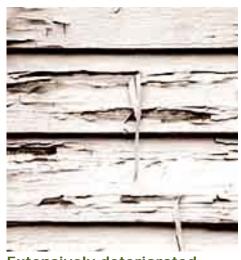
Wrinkled layers can generally be removed by scraping and sanding as opposed to total paint removal. Photo: Courtesy, National Decorating Products Association.

CLASS III Exterior Surface Conditions Generally Requiring Total Paint Removal

If surface conditions are such that the majority of paint will have to be removed prior to repainting, it is suggested that a small sample of intact paint be left in an inconspicuous area either by covering the area with a metal plate, or by marking the area and identifying it in some way. (When repainting does take place, the sample should not be painted over). This will enable future investigators to have a record of the building's paint history.

Peeling

Cause of Condition



Extensively deteriorated paint needs to be removed to bare wood, then primed and re-painted. Photo: NPS files.

Peeling to bare wood is most often caused by excess interior or exterior moisture that collects behind the paint film, thus impairing adhesion. Generally beginning as blisters, cracking and peeling occur as moisture causes the wood to swell, breaking the adhesion of the bottom layer.

Recommended Treatment

There is no sense in repainting before dealing with the moisture problems because new paint will simply fail. Therefore, the first step in treating peeling is to locate and remove the source or sources of the moisture, not only because moisture will jeopardize the protective coating of paint but because, if left unattended, it can ultimately cause permanent damage to the wood. Excess interior moisture should be removed from the building through installation of exhaust fans and vents. Exterior moisture should be

eliminated by correcting the following conditions prior to repainting: faulty flashing; leaking gutters; defective roof shingles; cracks and holes in siding and trim; deteriorated caulking in joints and seams; and shrubbery growing too close to painted wood. After the moisture problems have been solved, the wood must be permitted to dry out thoroughly. The damaged paint can then be scraped off with a putty knife, hand or mechanically sanded, primed, and repainted.

Cracking/Alligatoring

Cause of Condition

Cracking and alligatoring are advanced stages of crazing. Once the bond between layers has been broken due to intercoat paint failure, exterior moisture is able to penetrate the surface cracks, causing the wood to swell and deeper cracking to take place.

This process continues until cracking, which forms parallel to grain, extends to bare wood. Ultimately, the cracking becomes an overall pattern of horizontal and vertical breaks in the paint layers that looks like reptile skin; hence, "alligatoring." In advanced stages of cracking and alligatoring, the surfaces will also flake badly.

Recommended Treatment

If cracking and alligatoring are present only in the top layers they can probably be scraped, hand or mechanically sanded to the next sound layer, then repainted. However, if cracking and/or alligatoring have progressed to bare wood and the paint has begun to flake, it will need to be totally removed. Methods include scraping or paint removal with the electric heat plate, electric heat gun, or chemical strippers, depending on the particular area involved. Bare wood should be primed within 48 hours then repainted.

Selecting the Appropriate/Safest Method to Remove Paint

After having presented the "hierarchy" of exterior paint surface conditions--from a mild condition such as mildewing which simply requires cleaning prior to repainting to serious conditions such as peeling and alligatoring which require total paint removal--one important thought bears repeating: if a paint problem has been identified that warrants either limited or total paint removal, the gentlest method possible for the particular wooden element of the historic building should be selected from the many available methods.

The treatments recommended--based upon field testing as well as onsite monitoring of Department of Interior grant-in-aid and certification of rehabilitation projects--are therefore those which take three overriding issues into consideration (1) the continued protection and preservation of the historic exterior woodwork; (2) the retention of the sequence of historic paint layers; and (3) the health and safety of those individuals performing the paint removal. By applying these criteria, it will be seen that no paint

removal method is without its drawbacks and all recommendations are qualified in varying degrees.

Methods for Removing Paint

After a particular exterior paint surface condition has been identified, the next step in planning for repainting--if paint removal is required--is selecting an appropriate method for such removal.

The method or methods selected should be suitable for the specific paint problem as well as the particular wooden element of the building. Methods for paint removal can be divided into three categories (frequently, however, a combination of the three methods is used). Each method is defined below, then discussed further and specific recommendations made:

Abrasive--"Abrading" the painted surface by manual and/or mechanical means such as scraping and sanding. Generally used for surface preparation and limited paint removal.

Thermal--Softening and raising the paint layers by applying heat followed by scraping and sanding. Generally used for total paint removal.

Chemical--Softening of the paint layers with chemical strippers followed by scraping and sanding. Generally used for total paint removal.

Abrasive Methods (Manual)

If conditions have been identified that require limited paint removal such as crazing, intercoat peeling, solvent blistering, and wrinkling, scraping and hand sanding should be the first methods employed before using mechanical means. Even in the case of more serious conditions such as peeling--where the damaged paint is weak and already sufficiently loosened from the wood surface --scraping and hand sanding may be all that is needed prior to repainting.

Recommended Abrasive Methods (Manual)

Putty Knife/Paint Scraper: Scraping is usually accomplished with either a putty knife or a paint scraper, or both. Putty knives range in width from one to six inches and have a beveled edge. A putty knife is used in a pushing motion going under the paint and working from an area of loose paint toward the edge where the paint is still firmly adhered and, in effect, "beveling" the remaining layers so that as smooth a transition as possible is made between damaged and undamaged areas.

Paint scrapers are commonly available in 1-5/16, 2-1/2, and 3-1/2 inch widths and have replaceable blades. In addition, profiled scrapers can be made specifically for use on moldings. As opposed to the putty knife, the paint scraper is used in a pulling motion and works by raking the damaged areas of paint away.

The obvious goal in using the putty knife or the paint scraper is to selectively remove the affected layer or layers of paint; however, both of these tools, particularly the paint scraper with its hooked edge, must be used with care to properly prepare the surface and to avoid gouging the wood.

Sandpaper/Sanding Block/Sanding sponge: After manually removing the damaged layer or layers by scraping, the uneven surface (due to the almost inevitable removal of varying numbers of paint layers in a given area) will need to be smoothed or "feathered out" prior to repainting. As stated before, hand sanding, as opposed to harsher mechanical sanding, is recommended if the area is relatively limited. A coarse grit, open-coat flint sandpaper--the least expensive kind--is useful for this purpose because, as the sandpaper clogs with paint it must be discarded and this process repeated until all layers adhere uniformly.

Blocks made of wood or hard rubber and covered with sandpaper are useful for handsanding flat surfaces. Sanding sponges--rectangular sponges with an abrasive aggregate on their surfaces--are also available for detail work that requires reaching into grooves because the sponge easily conforms to curves and irregular surfaces. All sanding should be done with the grain.

Summary of Abrasive Methods (Manual)

Recommended: Putty knife, paint scraper, sandpaper, sanding block, sanding sponge.

Applicable areas of building: All areas. For use on: Class I, Class II, and Class III conditions.

Health/Safety factors: Take precautions against lead dust, eye damage; dispose of lead paint residue properly.

Abrasive Methods (Mechanical)

If hand sanding for purposes of surface preparation has not been productive or if the affected area is too large to consider hand sanding by itself, mechanical abrasive methods, i.e., power-operated tools may need to be employed; however, it should be noted that the majority of tools available for paint removal can cause damage to fragile wood and must be used with great care.

Recommended Abrasive Methods (Mechanical)

Orbital sander: Designed as a finishing or smoothing tool--not for the removal of multiple layers of paint--the orbital sander is thus recommended when limited paint removal is required prior to repainting. Because it sands in a small diameter circular motion (some models can also be switched to a back-and-forth vibrating action), this tool is particularly effective for "feathering" areas where paint has first been scraped. The abrasive surface varies from about 3x7 inches to 4x9 inches and sandpaper is attached either by clamps or

sliding clips. A medium grit, open-coat aluminum oxide sandpaper should be used; fine sandpaper clogs up so quickly that it is ineffective for smoothing paint.

Belt sander: A second type of power tool--the belt sander--can also be used for removing limited layers of paint but, in this case, the abrasive surface is a continuous belt of sandpaper that travels at high speeds and consequently offers much less control than the orbital sander. Because of the potential for more damage to the paint or the wood, use of the belt sander (also with a medium grit sandpaper) should be limited to flat surfaces and only skilled operators should be permitted to operate it within a historic preservation project.

Not Recommended

Rotary Drill Attachments: Rotary drill attachments such as the rotary sanding disc and the rotary wire stripper should be avoided. The disc sander--usually a disc of sandpaper about 5 inches in diameter secured to a rubber based attachment which is in turn connected to an electric drill or other motorized housing--can easily leave visible circular depressions in the wood which are difficult to hide, even with repainting. The rotary wire stripper--clusters of metals wires similarly attached to an electric drill-type unit--can actually shred a wooden surface and is thus to be used exclusively for removing corrosion and paint from metals.

Waterblasting: Waterblasting above 600 p.s.i. to remove paint is not recommended because it can force water into the woodwork rather than cleaning loose paint and grime from the surface; at worst, high pressure waterblasting causes the water to penetrate exterior sheathing and damages interior finishes. A detergent solution, a medium soft bristle brush, and a garden hose for purposes of rinsing, is the gentlest method involving water and is recommended when cleaning exterior surfaces prior to repainting.

Sandblasting: Finally--and undoubtedly most vehemently "not recommended"--sandblasting painted exterior woodwork will indeed remove paint, but at the same time can scar wooden elements beyond recognition. As with rotary wire strippers, sandblasting erodes the soft porous fibers (spring wood) faster than the hard, dense fibers (summer wood), leaving a pitted surface with ridges and valleys. Sandblasting will also erode projecting areas of carvings and moldings before it removes paint from concave areas. Hence, this abrasive method is potentially the most damaging of all possibilities, even if a contractor promises that blast pressure can be controlled so that the paint is removed without harming the historic exterior woodwork. (For Additional Information, See Preservation Briefs 6, "Dangers of Abrasive Cleaning to Historic Buildings".)

Summary of Abrasive Methods (Mechanical)

Recommended: Orbital sander, belt sander (skilled operator only).

Applicable areas of building: Flat surfaces, i.e., siding, eaves, doors, window sills.

For use on: Class II and Class III conditions.

Health/Safety factors: Take precautions against lead dust and eye damage; dispose of lead paint residue properly.

Not Recommended: Rotary drill attachments, high pressure waterblasting, sandblasting.

Thermal Methods

Where exterior surface conditions have been identified that warrant total paint removal such as peeling, cracking, or alligatoring, two thermal devices--the electric heat plate and the electric heat gun--have proven to be quite successful for use on different wooden elements of the historic building. One thermal method--the blow torch--is not recommended because it can scorch the wood or even burn the building down!

Recommended Thermal Methods



A heat plate was used on the cornice to remove paint. Photo: NPS files.

Electric heat plate: The electric heat plate operates between 500 and 800 degrees Fahrenheit (not hot enough to vaporize lead paint), using about 15 amps of power. The plate is held close to the painted exterior surface until the layers of paint begin to soften and blister, then moved to an adjacent location on the wood while the softened paint is scraped off with a putty knife (it should be noted that the heat plate is most successful when the paint is very thick!). With practice, the operator can successfully move the heat plate evenly across a flat surface such as wooden siding or a window sill or door in a continuous motion, thus lessening the risk of scorching the wood in an attempt to reheat the edge of the paint sufficiently for effective removal. Since the electric heat plate's coil is "red hot," extreme caution should be taken to avoid igniting

clothing or burning the skin. If an extension cord is used, it should be a heavy-duty cord (with 3-prong grounded plugs). A heat plate could overload a circuit or, even worse, cause an electrical fire; therefore, it is recommended that this implement be used with a single circuit and that a fire extinguisher always be kept close at hand.

Electric heat gun: The electric heat gun (electric hot-air gun) looks like a hand-held hairdryer with a heavy-duty metal case. It has an electrical resistance coil that typically heats between 500 and 750 degrees Fahrenheit and, again, uses about 15 amps of power which requires a heavy-duty extension cord. There are some heat guns that operate at higher temperatures but they should not be purchased for removing old paint because of the danger of lead paint vapors.

The temperature is controlled by a vent on the side of the heat gun. When the vent is closed, the heat increases. A

fan forces a stream of hot air against the painted woodwork, causing a blister to form. At that point, the softened paint can be peeled back with a putty knife. It can be used to best advantage when a paneled door was originally varnished, then painted a number of times. In this case, the paint will come off quite easily, often leaving an almost pristine varnished surface behind. Like the heat plate, the heat gun works best on a heavy paint buildup. (It is, however, not very successful on only one or two layers of paint or on surfaces that have only been varnished. The varnish simply becomes sticky and the wood scorches.)

Although the heat gun is heavier and more tiring to use than the heat plate, it is particularly effective for removing paint from detail work because the nozzle can be directed at curved and intricate surfaces. Its use is thus more limited than the heat plate, and most successfully used in conjunction with the heat plate. For example, it takes about two to three hours to strip a paneled door with a heat gun, but if used in combination with a heat plate for



The nozzle on the electric heat gun permits hot air to be aimed into cavities on solid decorative surfaces, such as this carriage house door. After the paint has been sufficiently softened, it can be carefully removed with a scraper. Photo: NPS files.

the large, flat area, the time can usually be cut in half. Although a heat gun seldom scorches wood, it can cause fires (like the blow torch) if aimed at the dusty cavity between the exterior sheathing and siding and interior lath and plaster. A fire may smolder for hours before flames break through to the surface. Therefore, this thermal device is best suited for use on solid decorative elements, such as molding, balusters, fretwork, or "gingerbread."

Not Recommended

Blow Torch: Blow torches, such as hand-held propane or butane torches, were widely used in the past for paint removal because other thermal devices were not available. With this technique, the flame is directed toward the paint until it begins to bubble and loosen from the surface. Then the paint is scraped off with a putty knife. Although this is a relatively fast process, at temperatures between 3200 and 3800 degrees Fahrenheit the open flame is not only capable of burning a careless operator and causing severe damage to eyes or skin, it can easily scorch or ignite the wood. The other fire hazard is more insidious. Most frame buildings have an air space between the exterior sheathing and siding and interior lath and plaster. This cavity usually has an accumulation of dust which is also easily ignited by the open flame of a blow torch. Finally, leadbase paints will vaporize at high temperatures, releasing toxic fumes that can be unknowingly inhaled. Therefore, because both the heat plate and the heat gun are generally safer to use--that is, the risks are much more controllable--the blow torch should definitely be avoided!

Summary of Thermal Methods

Recommended: Electric heat plate, electric heat gun.

Applicable areas of building: Electric heat plate--flat surfaces such as siding, eaves, sash, sills, doors. Electric heat gun--solid decorative molding, balusters, fretwork, or "gingerbread."

For use on: Class III conditions.

Health/Safety factors: Take precautions against eye damage and fire. Dispose of lead paint residue properly.

Not Recommended: Blow torch.

Chemical Methods

With the availability of effective thermal methods for total paint removal, the need for chemical methods--in the context of preparing historic exterior woodwork for repainting--becomes quite limited. Solvent-base or caustic strippers may, however, play a supplemental role in a number of situations, including:

- Removing paint residue from intricate decorative features, or in cracks or hard to reach areas if a heat gun has not been completely effective;
- Removing paint on window muntins because heat devices can easily break the glass;
- Removing varnish on exterior doors after all layers of paint have been removed by a heat plate/heat gun if the original varnish finish is being restored;
- Removing paint from detachable wooden elements such as exterior shutters, balusters, columns, and doors by dip stripping when other methods are too laborious.

Recommended Chemical Methods

(Use With Extreme Caution)

Because all chemical paint removers can involve potential health and safety hazards, no wholehearted recommendations can be made from that standpoint. Commonly known as "paint removers" or "strippers," both solvent-base or caustic products are commercially available that, when poured, brushed, or sprayed on painted exterior woodwork are capable of softening several layers of paint at a time so that the resulting "sludge"--which should be remembered is nothing less than the sequence of historic paint layers--can be removed with a putty knife. Detachable wood elements such as exterior shutters can also be "dip-stripped."

Solvent-base Strippers: The formulas tend to vary, but generally consist of combinations of organic solvents such as methylene chloride, isopropanol, toluol, xylol, and methanol; thickeners such as methyl cellulose; and various additives such as paraffin wax used to

prevent the volatile solvents from evaporating before they have time to soak through multiple layers of paint. Thus, while some solvent-base strippers are quite thin and therefore unsuitable for use on vertical surfaces, others, called "semi-paste" strippers, are formulated for use on vertical surfaces or the underside of horizontal surfaces.

However, whether liquid or semi-paste, there are two important points to stress when using any solvent-base stripper: First, the vapors from the organic chemicals can be highly toxic if inhaled; skin contact is equally dangerous because the solvents can be absorbed; second, many solvent-base strippers are flammable. Even though application out-of-doors may somewhat mitigate health and safety hazards, a respirator with special filters for organic solvents is recommended and, of course, solvent-base strippers should never be used around open flames, lighted cigarettes, or with steel wool around electrical outlets.

Although appearing to be the simplest for exterior use, a particular type of solvent-base stripper needs to be mentioned here because it can actually cause the most problems. Known as "water-rinsable," such products have a high proportion of methylene chloride together with emulsifiers. Although the dissolved paint can be rinsed off with water with a minimum of scraping, this ultimately creates more of a problem in cleaning up and properly disposing of the sludge. In addition, these strippers can leave a gummy residue on the wood that requires removal with solvents. Finally, water-rinsable strippers tend to raise the grain of the wood more than regular strippers.

On balance, then, the regular strippers would seem to work just as well for exterior purposes and are perhaps even better from the standpoint of proper lead sludge disposal because they must be hand 'scraped as opposed to rinsed off (a coffee-can with a wire stretched across the top is one effective way to collect the sludge; when the putty knife is run across the wire, the sludge simply falls into the can. Then, when the can is filled, the wire is removed, the can capped, and the lead paint sludge disposed of according to local health regulations).

Caustic strippers: Until the advent of solvent-base strippers, caustic strippers were used exclusively when a chemical method was deemed appropriate for total paint removal prior to repainting or refinishing. Now, it is more difficult to find commercially prepared caustic solutions in hardware and paint stores for homeowner use with the exception of lye (caustic soda) because solvent-base strippers packaged in small quantities tend to dominate the market.

Most commercial dip stripping companies, however, continue to use variations of the caustic bath process because it is still the cheapest method available for removing paint. Generally, dip stripping should be left to professional companies because caustic solutions can dissolve skin and permanently damage eyes as well as present serious disposal problems in large quantities.

If exterior shutters or other detachable elements are being sent out for stripping in a caustic solution, it is wise to see samples of the company's finished work. While some companies do a first-rate job, others can leave a residue of paint in carvings and grooves. Wooden elements may also be soaked too long so that the wood grain is raised and

roughened, requiring extensive hand sanding later. In addition, assurances should be given by these companies that caustic paint removers will be neutralized with a mild acid solution or at least thoroughly rinsed with water after dipping (a caustic residue makes the wood feel slippery). If this is not done, the lye residue will cause new paint to fail.

Summary of Chemical Methods

Recommended, with extreme caution: Solvent-base strippers, caustic strippers.

Applicable areas of buildings: decorative features, window muntins, doors, exterior shutters, columns, balusters, and railings.

For use on: Class III Conditions.

Health/Safety factors: Take precautions against inhaling toxic vapors; fire; eye damage; and chemical poisoning from skin contact. Dispose of lead residue properly

General Paint Type Recommendations



Decorative features were painted with a traditional oil-based paint as a part of the rehabilitation. Photo: NPS files.

Based on the assumption that the exterior wood has been painted with oil paint many times in the past and the existing top coat is therefore also an oil paint, it is recommended that for CLASS I and CLASS II paint surface conditions, a top coat of high quality oil paint be applied when repainting. The reason for recommending oil rather than latex paints is that a coat of latex paint applied directly over old oil paint is more apt to fail. The considerations are twofold. First, because oil paints continue to harden with age, the old surface is sensitive to the added stress of shrinkage which occurs as a new coat of paint dries. Oil paints shrink less upon drying than latex paints and thus do not have as great a tendency to pull the old paint loose. Second, when exterior oil paints age, the binder releases pigment particles, causing a chalky surface. Although for best results, the chalk (or dirt, etc.) should always be cleaned off prior to

repainting, a coat of new oil paint is more able to penetrate a chalky residue and adhere than is latex paint. Therefore, unless it is possible to thoroughly clean a heavily chalked surface, oil paints--on balance--give better adhesion.

If however, a latex top coat is going to be applied over several layers of old oil paint, an oil primer should be applied first (the oil primer creates a flat, porous surface to which the latex can adhere). After the primer has thoroughly dried, a latex top coat may be applied.

In the long run, changing paint types is more time consuming and expensive. An application of a new oil-type top coat on the old oil paint is, thus, the preferred course of action.

If CLASS III conditions have necessitated total paint removal, there are two options, both of which assure protection of the exterior wood: (1) an oil primer may be applied followed by an oil-type top coat, preferably by the same manufacturer; or (2) an oil primer may be applied followed by a latex top coat, again using the same brand of paint. It should also be noted that primers were never intended to withstand the effects of weathering; therefore, the top coat should be applied as soon as possible after the primer has dried.

CONCLUSION

The recommendations outlined in this Brief are cautious because at present there is no completely safe and effective method of removing old paint from exterior woodwork. This has necessarily eliminated descriptions of several methods still in a developmental or experimental stage, which can therefore neither be recommended nor precluded from future recommendation. With the ever-increasing number of buildings being rehabilitated, however, paint removal technology should be stimulated and, in consequence, existing methods refined and new methods developed which will respect both the historic wood and the health and safety of the operator.

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Home page logo: Peeling paint on historic wood siding. Photo: ©John Leeke, 2002.

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